

School Wellness Plan 2025-2026

School Way Café

School Name: DELAND MIDDLE SCHOOL

Principal’s Name or Person Responsible for Plan: JOHN DEVITO ext.: 23014

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** KEMISHA RAINGE EXT. 23006

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a “Team Nutrition” school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district’s wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: Goals - List your school’s wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **September 19, 2025**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: Evaluation – At the end of the school year, evaluate the results of your school’s wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **May 29, 2026**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by September 19, 2025	Part II - Complete by May 29, 2026
Goals for 2025-2026	Implementation Evaluation
<ul style="list-style-type: none"> • Participate in “Smarter Lunchrooms Program” • Provide menus on the cafeteria menu boards & place cards • Free Breakfast & Lunch for all Students • Signage in cafeteria (decorated with wellness and nutrition posters) • Participate in the Fresh Fruit and Vegetable Program • Provide VAPE education information for students (pamphlets & bulletin boards) 	<input type="checkbox"/> Goal was successfully implemented. <input type="checkbox"/> Goal was partially implemented. <i>Comments:</i> <input type="checkbox"/> Goal was not implemented this school year. <i>Comments:</i> <input type="checkbox"/> Documentation is available at school site and easily accessible for audit.

Part I – Complete by September 19, 2025	Part II - Complete by May 29, 2026
Goals for 2025-2026	Implementation Evaluation
<ul style="list-style-type: none"> DeLand Middle will provide access to hand washing before meals (Restrooms will remain open and soap always stocked in dispenser) DeLand Middle will provide visuals (Posters) in the clinic and staff restrooms with handwashing instructions/procedures and coughing/sneezing procedures 	<input type="checkbox"/> Goal was successfully implemented. <input type="checkbox"/> Goal was partially implemented. <i>Comments:</i> <input type="checkbox"/> Goal was not implemented this school year. <i>Comments:</i> <input type="checkbox"/> Documentation is available at school site and easily accessible for audit.
<ul style="list-style-type: none"> Students participate in indoor activities when the heat index rises to a level that is unsafe for outdoor play DeLand Middle will participate in county Fitness Festival All students enrolled in Physical Education class will participate in a minimum of 30 minutes of teacher directed physical activity 	<input type="checkbox"/> Goal was successfully implemented. <input type="checkbox"/> Goal was partially implemented. <i>Comments:</i> <input type="checkbox"/> Goal was not implemented this school year. <i>Comments:</i> <input type="checkbox"/> Documentation is available at school site and easily accessible for audit.
<ul style="list-style-type: none"> Staff will participate in Volusia County Schools Wellness Assessment Staff will participate in annual “DeLand Me Strong 5K Run” Staff and students will participate in the 2025 VOLUSIA COUNTY SCHOOLS TRAILS TO SUCCESS 5K Staff and students will participate in the 2025-2026 VOLUSIA COUNTY SCHOOLS HOMERUN 5K 	<input type="checkbox"/> Goal was successfully implemented. <input type="checkbox"/> Goal was partially implemented. <i>Comments:</i> <input type="checkbox"/> Goal was not implemented this school year. <i>Comments:</i> <input type="checkbox"/> Documentation is available at school site and easily accessible for audit.