



BCPS K-12 Physical Education Progression Chart

Elementary: Kindergarten – 5th Grade

FS 1003.455: "Each district school board shall provide 150 minutes of physical education each week for students in kindergarten through grade 5 and for students in grade 6 who are enrolled in a school that contains one or more elementary grades so that on any day during which physical education instruction is conducted there are at least 30 consecutive minutes per day"

Grade K-5 Physical Education Pathway
Physical Education – Grade Kindergarten (#5015020)
Physical Education – Grade 1 (#5015030)
Physical Education – Grade 2 (#5015040)
Physical Education – Grade 3 (#5015050)
Physical Education – Grade 4 (#5015060)
Physical Education – Grade 5 (#5015070)

Grade K-5 Physical Education Access Pathway
Access Physical Education Grade Kindergarten (#7715020)
Access Physical Education Grade 1 (#7715025)
Access Physical Education Grade 2 (#7715030)
Access Physical Education Grade 3 (#7715035)
Access Physical Education Grade 4 (#7715040)
Access Physical Education Grade 5 (#7715045)

Grade K-5 Physical Education Adaptive Physical Education Pathway
Elementary Adaptive Physical Education IEP or 504 Plan (#5015000)

Middle: 6th, 7th, and 8th grade

FS 1003.455: "Beginning with the 2009-2010 school year, the equivalent of one class period per day of physical education for one semester of each year is required for students enrolled in grades 6 through 8"

Grade Level	Semester MS PE Pathway <i>*Preferred PE Semester Course*</i>	Full Year MS PE Pathway <i>*Courses are interchangeable between 1st/2nd semester*</i>	IB MS PE Pathway	IB MS PE/HE Pathway + Preferred Elective Course for optional Full Year PE	Cambridge Pathway
6th	M/J Fitness – Grade 6 (#1508000)	M/J Fitness Grade 6 (#1508000) + M/J Comprehensive PE Grade 6/7 (#1508060)	M/J International Baccalaureate MYP Comprehensive Physical Education 1 (#1501130)	M/J International Baccalaureate MYP Physical Education and Health Education (#1501133) + M/J Fitness – Grade 6 (#1508000)	M/J Physical Education Cambridge Lower Secondary (#1501140)
7th	M/J Team Sports - Grade 7 (#1508020)	M/J Team Sports Grade 7 (#1508020) + M/J Comprehensive PE Grade 7/8 (#1508070)	M/J International Baccalaureate MYP Comprehensive Physical Education 2 (#1501131)	M/J International Baccalaureate MYP Physical Education and Health Education 2 (#1501134) + M/J Team Sports - Grade 7 (#1508020)	M/J Physical Education 2 Cambridge Lower Secondary (#1501141)
8th	M/J Individual/Dual Sports – Grade 8 (#1508050)	M/J Individual/Dual Sports Grade 8 (#1508050) + M/J Wellness Education Grade 8 (#1508080)	M/J International Baccalaureate MYP Comprehensive Physical Education 3 (#1501132)	M/J International Baccalaureate MYP Physical and Health Education 3 (#1501135) + M/J Individual/Dual Sports – Grade 8 (#1508050)	M/J Physical Education 3 Cambridge Lower Secondary (#1501142)

****Beginning in the 2026-2027 School Year,** the following Middle School courses will not be offered without expressed permission from the Curriculum Supervisor of Physical Education: M/J Education Gymnastics/Educational Dance – Grade 6 (#1508010); M/J Outdoor Pursuits/Aquatics – Grade 7 (#1508030); M/J Extreme/Alternative Sports – Grade 8 (#1508040)**

Middle School Adaptive Pathway
M/J Adaptive Physical Education IEP or 504 Plan (MC) (#150000)

Middle School Access Physical Education Pathway
M/J Access Physical Education: 6-8 (#7815010)

High School: Grades 9-12

FS 1003.42.82: *One credit in physical education.*—Physical education must include the integration of health. Participation in an interscholastic sport at the junior varsity or varsity level for two full seasons shall satisfy the one-credit requirement in physical education. A district school board may not require that the one credit in physical education be taken during the 9th grade year. Completion of one semester with a grade of “C” or better in a marching band class, in a physical activity class that requires participation in marching band activities as an extracurricular activity, or in a dance class shall satisfy one-half credit in physical education or one-half credit in performing arts. This credit may not be used to satisfy the personal fitness requirement or the requirement for adaptive physical education under an individual education plan (IEP) or 504 plan. Completion of 2 years in a Reserve Officer Training Corps (R.O.T.C.) class, a significant component of which is drills, shall satisfy the one-credit requirement in physical education and the one-credit requirement in performing arts.

HOPE Pathway	Personal Fitness Pathway	Cambridge Pathway AICE Physical Education 1 AS Level (#)	R.O.T.C Pathway	Interscholastic Sports Pathway
Option 1: HOPE Physical Education Variation(#1506320)	Option 1: Personal Fitness (#1513000) + .5 Credit of PE Elective	Cambridge Pre-AICE Physical Education IGCSE Level (#3026015)	Option 1: JROTC/Physical Education Waiver – Completion Year 1 (#1500450) + JROTC/Physical Education Waiver – Completion Year 2 (#1500460)	Option 1: Completion of Interscholastic Sports Season 1 (#1500410) + Completion of Interscholastic Sports Season 2 (#1500420)
Option 2: HOPE-Physical Education (Core)(#3026010)	Option 2: Personal Fitness 151300 + Marching Band PE Waiver (#1500440)			
	Option 3: Personal Fitness 151300 + Dance Waiver (#1500455)			

HOPE Physical Education (Core) requires the teacher to be certified in both Physical AND Health Education

High School Access Pathway
Access Personal Fitness (#7915020) + .5 Credit PE Elective or Marching Band PE Waiver or Dance Waiver
Access Health Opportunities Through Physical Education 9-12 (#7915015)