

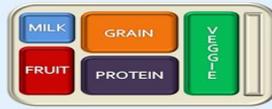


Elementary Menus

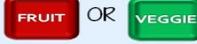
Our focus at Carman-Ainsworth Child Nutrition is to provide nutritious meals for students. Our department has a well-trained staff dedicated to providing quality meals. Check us out @ www.carman.k12.mi.us for more Child Nutrition information.

What Makes a Lunch?

Select 3-5 Components



One must be a



Students need healthy meals to learn. C-A offers healthy meals every school day. Continuing into the 2025-2026 school year, we will be participating in the Community Eligibility Provision as part of the National School Lunch Program. Under this program, breakfast & lunch are free for all enrolled C-A students.

Breakfast & Lunch Menus

August 2025 - January 2026

Our menus promote & provide fresh fruits/vegetables, whole grains, low-fat/fat-free dairy & milk products daily.

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Menu 2 nd Choice: Hard Eggs	Mini Pancake Wraps Fruit Cup & Fresh Fruit	Breakfast Pizza Fruit Cup & Fresh Fruit	Cereal Kit 100% Fruit Juice & Fresh Fruit	Breakfast Bagel Fruit Cup & Fresh Fruit	Sausage, Egg & Cheese Burrito Fruit Cup & Fresh Fruit
1	Chicken Drumstick WG Biscuit Mashed Ranch Potatoes Grape Tomatoes Fresh Apple Slices - Michigan Produced!	Four Cheese Tortellini & Red Sauce Breadstick Parmesan Cheese Green Beans Fresh Melon Chunks	French Toast Sticks Turkey Bacon Celery Sticks Paradise Punch Hot Cinnamon Apples	Pizza Spring & Spinach Salad Baby Carrots Mixed Fruit	Cheeseburger on Bun Baked Beans Fresh Avocado Half Fresh Diced Fruit Salad
2	Chicken Nuggets Cheez-It Crackers Mini Peppers Taco Hummus Fresh Clementine	Korean BBQ Taco Chicken, BBQ Sauce & Korean BBQ Seasoning Cole Slaw Salsa Cup Apple Cranberry Juice - Michigan Produced!	Corn Dog on Stick Hash Brown Potatoes Grape Tomatoes Fresh Kiwi	Stuffed Crust Pizza Fresh Broccoli Baby Carrots Pear Cup	Chicken Tenders Chick'n Sauce Cup Mini Cucumber Hot Buttery Corn Fresh Deluxe Fruit Salad
3	Walking Taco Nacho Meat, Cheese Cup, Doritos & Sour Cream Salsa Cup Green Beans 100% Juice Blue Raspberry Slushie	Teriyaki Chicken & Edamame Rice Bowl Chicken, Edamame, Red Peppers, Teriyaki Sauce & Cilantro Lime Rice Fresh Broccoli Hummus Pineapple Cup	Bosco Sticks with Parmesan Cheese Marinara Cup Fresh Cauliflower Seedless Red Grapes	Pizza Spring & Spinach Salad Baby Carrots Fresh Kiwi	Hamburger on Bun Cold Baked Beans Deviled Egg Potato Salad Hot Cinnamon Apples
4	Breaded Fish Shapes Tartar Sauce Ranch Seasoned Oven Fries Cole Slaw Acai Bowl with Fresh Strawberries & Granola	Chic' Penne Fresh Broccoli, Chicken, Penne Pasta, Garlic & Alfredo Sauce Garlic Bread Mini Peppers & Hummus Diced Mango Cup	Cheesy Turkey Burger & Turkey Bacon on Bun Fresh Lettuce Jammer Green Beans Birthday Cake Applesauce	Stuffed Crust Pizza Spring & Spinach Salad Baby Carrots Peach Cup	Breast of Chicken Sandwich on Bun Tater Tots Celery Sticks Fresh Kiwi

2nd Lunch Choice M-F
Yogurt, Granola,
Cubed Cheese &
Cheez-It Crackers



lunches provided by the National School lunch Program meet 1/3 or more of recommended levels for key nutrients. - USDA

August / September 2025						
S	M	T	W	T	F	S
	25	26	27	28	29	30
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2025						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2026						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan

This institution is an equal opportunity provider.

Menu subject to change without notice