



Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- a copy of the most recent triennial assessment, along with supporting documentation
- a copy of the current and previous board approval of the policy
- documentation demonstrating the policy has been made available to the public
- documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Marengo County Board of Education

Month and year of current assessment: September 2025

Date of last Local Wellness Policy revision: May 17, 2017

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: <https://www.marengo.k12.al.us/central-office-departments/child-nutrition>

Wellness Committee Information

How often does your district wellness committee meet? Once Annually

District Wellness Coordinator

Name	School	Job Title	Email Address
Donnanique Washington	Central Officer	CNP Director	donnaniquewashington@marengo.k12.al.us

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Teresa Lewis	Marengo HS	CNP Manager	teresalewis@marengo.k12.al.us

District Wellness Committee Members

Name	School	Job Title	Email Address
Wendy Hunter	AL Johnson HS	CNP Manager	wendyhunter@marengo.k12.al.us
Gwendolyn Lockett	Sweet Water HS	CNP Manager	gwendolynlockett@marengo.k12.al.us
Richard Johnson	Central Office	CSFO	richardjohnson@marengo.k12.al.us

*See page 13 for space to add Wellness Committee members.

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- Alliance for a Healthier Generation Model Policy
- WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

The WellSAT 3.0 Assessment tool was utilized to compare the Marengo County Schools' Wellness Policy to the Model Wellness Policy. The Marengo County School District's Wellness Policy, last modified on May 17, 2017, meets all federal requirements. The WellSAT assessment scores.

Total score for comprehensiveness was 84%. The strength of our wellness policy was scored at 75%. There are a few enhancements that could be made regarding Employee Wellness, Physical Education and Physical Activity, Nutrition Education, and the Nutrition Environment and Services.

The assessment was very valuable in determining the strengths of our current wellness policy.

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

<p>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule and ALSDE:</p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<p>The CNP Director constructed an email to all principals that included a general overview of the Smart Snacks Guidelines, information about Exempt Fundraisers and the Exempt Fundraiser Form, the responsibility of the principals at each school site, the link to the Smart Snacks Calculator, and the expectations of the Marengo County Schools' Child Nutrition Program.</p> <p>Principals were given a deadline of Friday, August 29, 2025, to complete the Exempt Fundraiser Form for this semester. Principals were given instructions to update the form throughout the year if any additional fundraisers were planned. The principals were told to submit the form prior to the commencement of any new fundraiser that was not listed on the form previously.</p> <p>The CNP Director also reminded principals to ask their vendor for Nutrition Facts labels so they can easily check the compliance of their products.</p> <p>The CNP Director will check compliance of snack items at each school beginning in September 2025. If non-compliant items are found, Principals will have one (1) week to sell or discard the items. A follow-up visit will occur no later than two (2) weeks after the initial visit.</p> <p>The Child Nutrition Director will create a standardized approval process for all food and beverage sales. In September, the CNP Director will visit each school to determine the compliance of all snack and beverage items sold. If any items are found to be non-compliant, the principals will have one (1) week to sell or discard the non-compliant items. For items that are compliant, information for compliant items, including a copy of the nutrition fact label and the Smart Snack Calculator Verification Form, will be kept on-site and at the Central Office. For any new items added, the principal and/or secretary will have to send a copy of the nutrition fact label, as well as the Smart Snack Calculator Verification Form to the CNP Director for approval. Once approved, the information will be kept on file at the Central Office and at the school site. Any items that are not approved will not be allowed for purchase.</p>
<p>Access to free potable water on campus</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p>	<p>Water is provided to all students via water fountains or dispensers. To increase the intake of water, the district would like to install bottle refill stations in all schools. Students would be able to carry water bottles with them across campus to remain hydrated throughout the day.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

<p>Guidelines for other foods and beverages available on the school campus, but not sold</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u></p> <p>If applicable, list additional school goals below:</p>	<p>Schools have been compliant with this rule. Exempt fundraiser forms have been collected from all schools sites with the exception of 1 school site.</p>

<p>Marketing and advertising of only foods and beverages that meet Smart Snacks</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>We will continue to educate schools regarding marketing and sales of healthy foods that meet Smart Snacks standards by providing education to the principals, who will provide information to the the faculty and staff.</p>

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p>	<p>Physical Activity will be integrated across the curricula and throughout the school day. Students will be encouraged to balance food intake and physical activity.</p> <p>a) Physical Education will be provided for all students in accordance with the Code of Alabama.</p> <p>b) Physical Education includes the instruction of individual activities, as well as competitive and non-competitive team sports to encourage like-long physical activity.</p> <p>c) Time allotted for physical education activities will be consistent with state standards.</p> <p>d) The Board encourages Physical Education course to be conducted in an environment where students can learn, practice and be assessed on developmentally appropriate skills and also recommends Student/Teacher ratios reflect SDE guidelines as closely as possible.</p> <p>e) Parent/Teacher organizations will be encouraged to promote and provide information to families in order to help them incorporate physical activity into their children's lives.</p>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p>	<p>III. Nutrition Guidelines for all Foods on Campus will comply with current USDA Dietary Guidelines and Alabama Department of Education Nutrition Policies.</p> <p>a) Foods sold through the vending machines, cafeteria, fund, raisers, and school canteens will follow the Alabama's Action for Healthy Kids Guidelines for Snack Foods and Alabama Department of Education Nutrition Policies.</p> <p>b) Fund raisers during the school day must comply with the Alabama Action for Healthy Kids Guidelines and the SDE policy on sale of competitive foods. For all fundraiser not meeting these standards, principals must submit an Alabama's Implementation of USDA Smart Snacks in School and Exempt Fundraiser Form to the Child Nutrition Director.</p> <p>c) Student reward initiatives will be regulated by the school principal. This process must comply with the SDE policy on sale of competitive foods and must follow the Alabama Action for Healthy Kids Guidelines.</p> <p>d) Advertising of foods or beverages in the areas assessable to students during the school day must reinforce the objectives of the educational and nutrition environment goals of the school and be consistent with established nutrition environment standards.</p> <p>e) Students many bring their breakfast or lunch from home to consume in the cafeteria. Parents are encouraged to pack healthy nutritious breakfasts and lunches.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p>	<p>Other School-Based Activities. The system recognizes the importance of creating a School environment that sends consistent wellness messages.</p> <p>a) Concession stands open for extra-curricular activities after school day ends, will not be required to comply with snack guidelines.</p> <p>b) Fund raisers after the school day ends will not be required to comply with these guidelines according to the Alabama Department of Education Nutrition Policies dated July 2005.</p> <p>c) Guidelines for class parties/special snacks will be at the discretion of the school principal. Healthy snacks are encouraged and should be recommended. All class parties must be after meal time.</p> <p>d) Schools are encouraged to comply with USDA standards for meals when taking off campus field trips, but are not required to comply.</p> <p>e) Health and nutrition efforts will be coordinated through combined efforts of system administrator, teachers, nurses and child nutrition workers.</p> <p>f) The system promotes coordinated efforts with local agencies such as the Marengo County Health Department and insurance providers to offer wellness checkups for faculty and staff within the school setting. Additional staff wellness activities may be implemented at the local level.</p> <p>g) System leaders, teachers, parents, and community members are encouraged to take advantage of additional resources to support good nutrition and physical activity.</p>

CHECKLIST:

Triennial Assessment was made public: Date: 09/23/2025

Updated Wellness Policy received Board approval: (if applicable) Date: _____

Wellness Policy was made public: Date: 09/23/2025

SIGNATURES:


 District Wellness Assessment Leader

PRINT NAME: Donnanique Washington
 DATE: 09/23/2025


 District Wellness Coordinator

PRINT NAME: Teresa Lewis
 DATE: 09/23/2025

Signed by:

 AS18E45FD3DB465...
 Superintendent

PRINT NAME: Dr. Calvin Eaton
 DATE: 09/23/2025

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Ameila L. Johnson High School

Date: 09/15/2025

School Wellness Leader: Mrs. Kandra Walker

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
<p>If applicable, list additional school goals below:</p>				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with ALSDE:</u></p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> 	X			
<p>If applicable, list additional school goals below:</p>				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X	X		
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 				
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 				
<p>List school wellness activity goals in this section:</p>				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: *Dominique Washington*

DATE: 09/23/2025

School Wellness Leader: *Kandice J. Walker*

DATE: 09/23/2025

Principal: *[Signature]*

DATE: 09/23/2025

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Marengo High School

Date: 09/15/2025

School Wellness Leader: Mrs. Vanessa Brown

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
<p>If applicable, list additional school goals below:</p>				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with ALSDE:</p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) 	X			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule:</p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X	X		
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 				
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 				
<p>List school wellness activity goals in this section:</p>				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: Domonique Washington

DATE: 09/23/2025

School Wellness Leader: Vanessa Brown

DATE: 09/23/2025

Principal: Bituna Johnson

DATE: 09/23/2025

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Sweet Water High School

Date: 09/15/2025

School Wellness Leader: Mrs. Kathy Henslee

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
<p>If applicable, list additional school goals below:</p>				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
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<p>If applicable, list additional school goals below:</p>				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X	X		
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 				
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 				
<p>List school wellness activity goals in this section:</p>				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
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- strategies for implementing the local Wellness Policy
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- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader:

Dominique Washington

DATE: 09/23/2025

School Wellness Leader:

Kathy Nussle

DATE: 09/23/2025

Principal:

Tilak

DATE: 09/23/2025



Your District's Scorecard

Policy Assessment Name: **WellSAT3.0
Assessment_092025 (9/2025)**

District Name: **MARENGO COUNTY**

Congratulations! You have completed the *WellSAT Policy Assessment*. You can see your Policy scores for each item below. Please note if you are missing any of the federal requirements in Section 1. Items with a rating of "0" (item not addressed in the policy) or "1" (weak statement addressing the item) can be improved by referring to the links at wellsat.org/resources.

Section 1. Federal Requirements

Rating

FR1	Includes goals for nutrition education that are designed to promote student wellness.	2
FR2	Assures compliance with USDA nutrition standards for reimbursable school meals.	2
FR3	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	2

FR4	Free drinking water is available during meals.	2
FR5	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	2
FR6	Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.	2
FR7	Regulates food and beverages sold in a la carte.	2
FR8	Regulates food and beverages sold in vending machines.	2
FR9	Regulates food and beverages sold in school stores.	2
FR10	Addresses fundraising with food to be consumed during the school day.	2
FR11	Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district.	1
FR12	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	2

FR13	Addresses how all relevant groups will participate.	2
FR14	Identifies the officials responsible for compliance with all components of the local wellness policy in each school.	2
FR15	Addresses making the wellness policy available to the public.	2
FR16	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
FR17	Addresses making triennial assessment results available to the public and specifies what will be included.	2
FR18	Addresses a plan for updating policy based on results of the triennial assessment.	2

Section 2. Nutrition Environment and Services

Rating

NES1	Addresses access to the USDA School Breakfast Program.	2
NES2	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	2

NES3	Specifies how families are provided information about determining eligibility for free/reduced price meals.	2
NES4	Specifies strategies to increase participation in school meal programs.	2
NES5	Specifies marketing to promote healthy food and beverage choices.	2
NES6	Addresses the amount of "seat time" students have to eat school meals.	1
NES7	Addresses purchasing local foods for the school meals program.	1
NES8	USDA Smart Snack standards are easily accessed in the policy.	2
NES9	Exemptions for infrequent school-sponsored fundraisers.	1
NES10	Addresses foods and beverages containing caffeine at the high school level.	1
NES11	Addresses nutrition standards for all foods and beverages SERVED to students after the school day, including aftercare on school	2

grounds, clubs, and after-school programming.

NES12	Addresses nutrition standards for all foods and beverages SOLD to students after the school day, including aftercare on school grounds, clubs, and after-school programming.	0
NES13	Addresses food not being used as a reward.	2
NES14	Addresses availability of free drinking water throughout the school day.	2

Section 3. Nutrition Education Rating

NE1	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	2
NE2	All elementary school students receive sequential and comprehensive nutrition education.	2
NE3	All middle school students receive sequential and comprehensive nutrition education.	2
NE4	All high school students receive sequential and comprehensive nutrition education.	2

NE5	Nutrition education is integrated into other subjects beyond health education.	1
NE6	Links nutrition education with the food environment.	2
NE7	☞ Nutrition education addresses agriculture and the food system.	2

Section 4. Physical Education and Physical Activity

Rating

PEPA1	✗ There is a written physical education curriculum for grades K-12.	2
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	2
PEPA3	Physical education promotes a physically active lifestyle.	2
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	2
PEPA5	Addresses time per week of physical education instruction for all middle school students.	2

PEPA6	Addresses time per week of physical education instruction for all high school students.	2
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	2
PEPA8	Addresses providing physical education training for physical education teachers.	1
PEPA9	Addresses physical education exemption requirements for all students.	1
PEPA10	Addresses physical education substitution for all students.	0
PEPA11	≠ Addresses family and community engagement in physical activity opportunities at all schools.	2
PEPA12	≠ Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	0
PEPA13	Addresses recess for all elementary school students.	0

PEPA14	✗ Addresses physical activity breaks during school.	2
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	0
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	0
PEPA17	✗ Addresses using physical activity as a reward.	0
PEPA18	Addresses physical activity not being used as a punishment.	0
PEPA19	Addresses physical activity not being withheld as a punishment.	2

Section 5. Employee Wellness Rating

EW1	✗ Addresses strategies to support employee wellness.	0
EW2	Encourages staff to model healthy eating and physical activity behaviors.	2

Section 6. Integration and Coordination Rating

IC1	Addresses the establishment of an ongoing district wellness committee.	2
IC2	Addresses the establishment of an ongoing school building-level wellness committee.	2

Overall District Policy Score

Total Comprehensiveness

District Score

84

Total Strength

District Score

75

