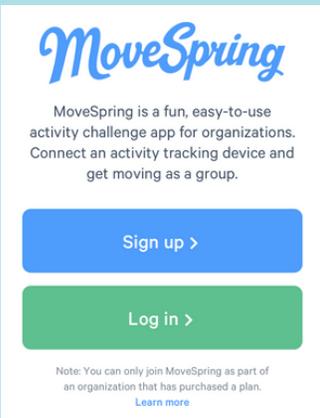


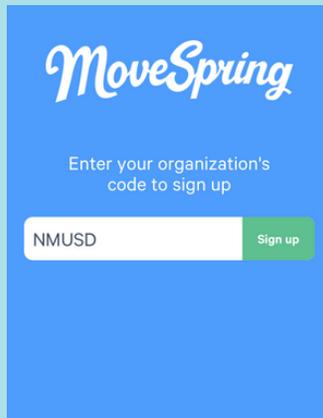
REGISTRATION: DEADLINE IS APRIL 3RD

Dates: Registration is open now through April 3rd. If you are already registered from the last challenge, just log into your *MoveSpring* app and join the challenge. All Challenges will run from March 27th through May 22nd. **How to register...**

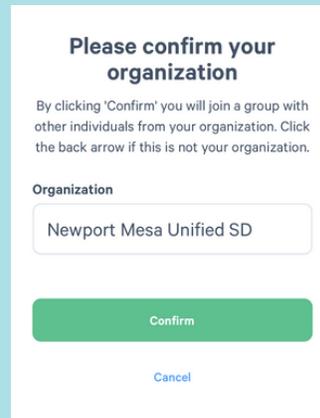
1 Download the *MoveSpring* app, click "Sign Up >"



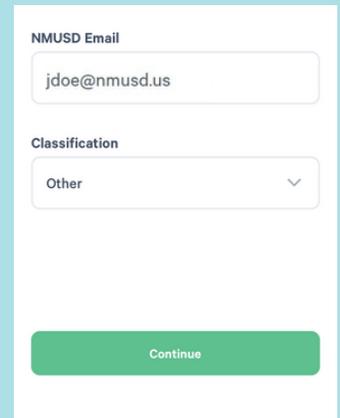
2 Enter "NMUSD" for the organization code



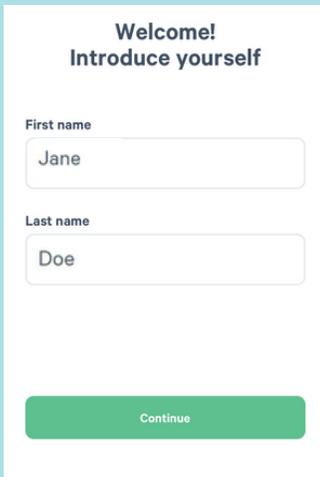
3 Click "Confirm" on the next page



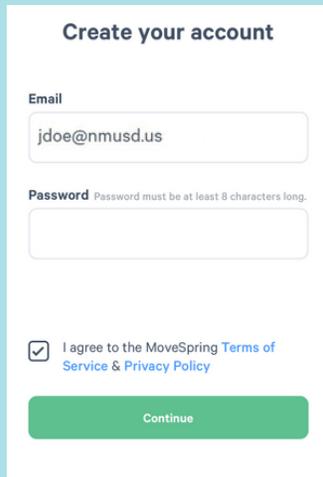
4 Enter your NMUSD Email and Classification



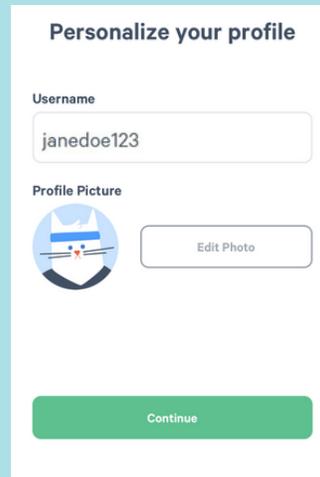
5 Enter your First and Last Name



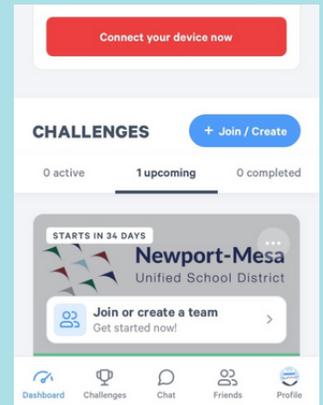
6 Enter Email and Create a Password



7 Create a Username



8 From the Dashboard you can connect a device, and join the upcoming challenges



SUPPORT:

For technical assistance or help with signing up, logging in, and/or connecting a device please reach out to *MoveSpring* Customer Support. From your dashboard in the mobile app, tap the menu bars at the top left corner and then select the green "Message support" button at the bottom of the utility panel. You may also email help@movespring.com with inquiries.

For questions regarding the Spring of 2026 *MoveSpring* challenges and prizes please email Natalie Drake, your Well-Being Coordinator, at wellness@nmusd.us.