



# RUNNING CLUB

Where miles are earned,  
not given!  
Led by Coach Pfannenstiel

Sign Up! →



**FRIDAYS**

► **BEG OCT 17TH**

**3:00–4:30**

STUDENTS WILL WORK ON STRETCHING, RUNNING STRATEGIES, MENTAL WELLNESS, AND CARDIO FITNESS. PARENTS ARE WELCOME TO JOIN OUR RUNNING CLUB TOO!

RUNNING CLUB IS AVAILABLE FOR STUDENTS IN GRADES 3–8