

Year 10 Health and Social Care Curriculum Overview

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Term 1 Component 1	Term 2 Component 1	Term 3 Component 1/PSA	Term 4 PSA	Term 5 Component 2	Term 6 Component 2
A1 Life stages		A2 Life factors	B1 Life events & B2 Support	PSA	
A1 Life stages		A2 Life factors		A1 & A2 Health & Social Care	
A1 Life stages		A2 Life factors		A3 Barriers to accessing services	
A1 Life stages		A2 Life factors		B2	
01/09/2025	08/09/2025	15/09/2025	22/09/2025	29/09/2025	06/10/2025
08/09/2025	15/09/2025	22/09/2025	29/09/2025	06/10/2025	13/10/2025
15/09/2025	22/09/2025	29/09/2025	06/10/2025	13/10/2025	20/10/2025
22/09/2025	29/09/2025	06/10/2025	13/10/2025	20/10/2025	HOLIDAY: 1 WEEK
29/09/2025	06/10/2025	13/10/2025	20/10/2025	HOLIDAY: 1 WEEK	03/11/2025
06/10/2025	13/10/2025	20/10/2025	HOLIDAY: 1 WEEK	03/11/2025	10/11/2025
13/10/2025	20/10/2025	HOLIDAY: 1 WEEK	03/11/2025	10/11/2025	17/11/2025
20/10/2025	HOLIDAY: 1 WEEK	03/11/2025	10/11/2025	17/11/2025	24/11/2025
HOLIDAY: 1 WEEK	03/11/2025	10/11/2025	17/11/2025	24/11/2025	01/12/2025
03/11/2025	10/11/2025	17/11/2025	24/11/2025	01/12/2025	08/12/2025
10/11/2025	17/11/2025	24/11/2025	01/12/2025	08/12/2025	15/12/2025
17/11/2025	24/11/2025	01/12/2025	08/12/2025	15/12/2025	HOLIDAY: 2 WEEKS
24/11/2025	01/12/2025	08/12/2025	15/12/2025	HOLIDAY: 2 WEEKS	05/01/2026
01/12/2025	08/12/2025	15/12/2025	HOLIDAY: 2 WEEKS	05/01/2026	12/01/2026
08/12/2025	15/12/2025	HOLIDAY: 2 WEEKS	05/01/2026	12/01/2026	19/01/2026
15/12/2025	HOLIDAY: 2 WEEKS	05/01/2026	12/01/2026	19/01/2026	26/01/2026
HOLIDAY: 2 WEEKS	05/01/2026	12/01/2026	19/01/2026	26/01/2026	02/02/2026
05/01/2026	12/01/2026	19/01/2026	26/01/2026	02/02/2026	09/02/2026
12/01/2026	19/01/2026	26/01/2026	02/02/2026	09/02/2026	HOLIDAY: 1 WEEK
19/01/2026	26/01/2026	02/02/2026	09/02/2026	HOLIDAY: 1 WEEK	23/02/2026
26/01/2026	02/02/2026	09/02/2026	HOLIDAY: 1 WEEK	23/02/2026	02/03/2026
02/02/2026	09/02/2026	HOLIDAY: 1 WEEK	23/02/2026	02/03/2026	09/03/2026
09/02/2026	HOLIDAY: 1 WEEK	23/02/2026	02/03/2026	09/03/2026	16/03/2026
HOLIDAY: 1 WEEK	23/02/2026	02/03/2026	09/03/2026	16/03/2026	23/03/2026
23/02/2026	02/03/2026	09/03/2026	16/03/2026	23/03/2026	HOLIDAY: 2 WEEKS
02/03/2026	09/03/2026	16/03/2026	23/03/2026	HOLIDAY: 2 WEEKS	13/04/2026
09/03/2026	16/03/2026	23/03/2026	HOLIDAY: 2 WEEKS	13/04/2026	20/04/2026
16/03/2026	23/03/2026	HOLIDAY: 2 WEEKS	13/04/2026	20/04/2026	27/04/2026
23/03/2026	HOLIDAY: 2 WEEKS	13/04/2026	20/04/2026	27/04/2026	04/05/2026
HOLIDAY: 2 WEEKS	13/04/2026	20/04/2026	27/04/2026	04/05/2026	11/04/2026
13/04/2026	20/04/2026	27/04/2026	04/05/2026	11/04/2026	18/05/2026
20/04/2026	27/04/2026	04/05/2026	11/04/2026	18/05/2026	HOLIDAY: 1 WEEK
27/04/2026	04/05/2026	11/04/2026	18/05/2026	HOLIDAY: 1 WEEK	01/06/2026
04/05/2026	11/04/2026	18/05/2026	HOLIDAY: 1 WEEK	01/06/2026	08/06/2026
11/04/2026	18/05/2026	HOLIDAY: 1 WEEK	01/06/2026	08/06/2026	15/06/2026
18/05/2026	HOLIDAY: 1 WEEK	01/06/2026	08/06/2026	15/06/2026	22/06/2026
HOLIDAY: 1 WEEK	01/06/2026	08/06/2026	15/06/2026	22/06/2026	29/06/2026
01/06/2026	08/06/2026	15/06/2026	22/06/2026	29/06/2026	06/07/2026
08/06/2026	15/06/2026	22/06/2026	29/06/2026	06/07/2026	13/07/2026
15/06/2026	22/06/2026	29/06/2026	06/07/2026	13/07/2026	
22/06/2026	29/06/2026	06/07/2026	13/07/2026		
29/06/2026	06/07/2026	13/07/2026			
06/07/2026	13/07/2026				
13/07/2026					

Learning outcomes	To understand the task relevant for Component 1 and be able to apply it Know the key terms	To understand the tasks relevant for Component 1 and be able to apply it through the PSA Know the key terms
How LO are assessed	End of topic tests for knowledge and understanding	Practice exam questions
Homework	Homework sheets	Homework sheets
Key Vocabulary/literacy opportunities	See component 1 and component 2 wordbanks	
Connected knowledge	C & C – Black History Month and Family Diversity. Sociological and Psychological Theories including Functionalist, Marxist and biological.	
C & C	Link to all topics. All topics interlink.	
Literacy	Textbooks and Modules: Similar to the A-Level courses, students are required to read core textbooks and materials for each unit, covering subjects like human development, psychology in health, social care practices, and working with service users. Case Studies and Scenarios: Students read case studies and scenario-based questions that relate theory to practice. This helps them apply theoretical knowledge to real-world situations within health and social care settings. Government Guidelines and Policy Documents: Reading official guidelines, policies, and frameworks (e.g., safeguarding policies, health care regulations) is explicitly included to understand professional standards and protocols in the care sector. Extended Reading for Coursework: For coursework and assignments, students are often required to conduct further reading, such as research papers, care standards, or health-related news articles to support their written work.	
SMSC	Spiritual Development: Person-Centered Care and Individual Beliefs: Students are taught the importance of respecting individual beliefs and values in health and social care settings. This encourages students to understand and accommodate the spiritual needs of others when providing care. Self concept and self esteem are also taught. Care for the Whole Person: The concept of holistic care involves caring for a person’s emotional, mental, spiritual, and physical needs, promoting students’ reflection on what it means to support human well-being in its broadest sense. Moral Development:	
British Values	Mutual Respect and Tolerance: Respect and tolerance are central to this course, as students learn about person-centered care and the importance of treating people with dignity and compassion in health and social care settings. Students also study the effects of discrimination and how to provide inclusive care. Individual Liberty: The course emphasizes the rights of individuals to make choices about their own care, promoting autonomy and supporting clients’ decision-making processes. This aligns with the value of individual liberty. Rule of Law: Students learn about the legal frameworks governing health and social care, including safeguarding policies, patient rights, and professional standards. The rule of law is essential in maintaining ethical standards in care and protecting both patients and professionals.	

Cultural Capital	<p>Understanding of Health and Social Care Systems: This subject helps students understand how health and social care systems operate in the UK and globally. This knowledge is part of their cultural capital, especially as healthcare and social services are central to everyday life and public discourse.</p> <p>Exposure to Diverse Health Needs and Social Contexts: Students learn about the health needs of individuals from different cultural, religious, and social backgrounds. Understanding diversity in healthcare helps students develop cultural empathy and the ability to provide person-centered care, which is essential for social engagement and professional success in a multicultural society.</p> <p>Speakers who come into school and add value to the learning add to Cultural capital. Proposed visit to a Care Home.</p>
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