

Small Changes, Big Differences.



Join us for Triple P FEAR-less to help as you raise kids with anxiety

- Learn and practice the Triple P (Positive Parenting Program) FEAR-less strategies available for parents/caregivers of children ages 6 to 14
- Increase competence in promoting healthy development and managing common behavior problems related to anxiety

Join Us...

Mondays | 6:00-8:00 pm

October 27 through December 1

Plan to attend all 6 dates

For parents/caretakers of children with anxiety ages 6 to 14

Cost: FREE

Free onsite childcare available

Limited spots so register soon

IN-PERSON IN APPLETON

- Understanding anxiety
- Promoting emotional resilience
- Setting a good example and encouraging realistic thinking
- Overcoming avoidance
- Responding to children's anxiety
- Constructive problem solving and maintaining gains

Important Note:

- Registration closes One Week before the first session
- Plan to complete an Online Assessment for your facilitator
- We will contact you to schedule a phone or video call with your facilitator before the first session

REGISTRATION REQUIRED

Go to our website to register



Contact us with questions:

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(920) 419-0097