



THE LION TIMES

October
2025

UPCOMING EVENTS

10/13 - Picture Retake Day

10/14 - Senior Class meeting
during Lion Time

10/15 - SAT/PSAT Testing

10/17 - AMHS Orchestra Concert
7pm in the TAM

10/22 - WA State Healthy Youth
Survey during Lion Time

10/24 - Homecoming Assembly
Tailgate, and Game

10/25 - Homecoming Dance 8-
11pm

11/2 - Daylight Saving Time ends

11/4 - Election Day

11/6-8, 13-15 - AMTC presents
The Laramie Project 7pm at the
TAM

11/11 - Veteran's Day - NO
SCHOOL

11/12-14 - Parent Teacher
Conferences

ASD voters will vote on two propositions on November 4. **Proposition 1** is a bond to build middle school #5, build a new Cascade Middle School and build a new Alpac Elementary.

Proposition 2 is a Safety, Security, Facility Improvements & Technology Replacement Levy that will make safety and security improvements at 16 schools & support buildings, enhance learning spaces and continue to provide 1:1 technology devices for all students. Detailed information about both [propositions is here](#).

**EVERY
VOTE
COUNTS.**
DON'T FORGET TO VOTE!

Come support our fall sports athletes! We have football, cross country, golf, boys tennis, volleyball, girls soccer, boys water polo, and girls swim. Schedules can be found at the link below!



Fall Sports

Friendly Reminders

- Deliveries from services like DoorDash, UberEats, or other delivery platforms are not permitted. Any delivered items will either be returned to the driver or discarded.
- We enforce a no-phone policy in all classrooms. Please keep your phone put away during class time.
- The parking lots, the bus loading zone, athletic fields, and the front of the school are off-limits during the school day unless students have received prior permission from the administration.

School Counselors Roles:

Advocacy, outreach, support, compassion, respect, empathy, guidance, empowerment, justice, integrity.

Open and honest conversations about mental health are crucial for a child's well-being. We encourage you to talk with your child about how they are feeling. Our school counselors are here to support you and your family.

Resources for help

- **National Suicide & Crisis Lifeline:** You can call or text 988 at any time for confidential support.
- **School counselors:** Our dedicated counseling staff is available to provide support, resources, and a safe space to talk.
- **Local community partners:** Visit the school website for information on community-based resources for mental health.

How you can help

- **Acknowledge:** Understand that it is okay not to be okay and reach out to those who may be struggling.
- **Care:** Show your friends and peers that you care by listening without judgment and letting them know you are there for them.
- **Tell:** If you are worried about yourself or a friend, tell a trusted adult immediately.

Together, we can create a culture of understanding and compassion, where everyone feels empowered to reach out for help.

Click the link below for the schedule of career center events

[Career Center](#)

Counselors Corner

AMHS Counselors



A-C Miss Karla Motta

kmotta@auburn.wednet.edu



D-Ir Mrs. Sharon Wright

shwright@auburn.wednet.edu



Is-Moh Mrs. Melissa Lemanski

mlemanski@auburn.wednet.edu



Moi-San Mrs. Megan Hebner

mhebner@auburn.wednet.edu



Mr. Chris Aguon (Sub for Mrs. Hebner)

caguon@auburn.wednet.edu



Sao-Z Miss Sara Brauner

sbrauner@auburn.wednet.edu