

ALL STUDENTS
EAT ALL MEALS
FOR FREE

CHULA VISTA ELEMENTARY DISTRICT OCTOBER MENU



Breakfast

Students may choose 1% or nonfat white milk at breakfast.

MONDAY

Pan Dulce
Bacon Egg Cheese
Pocket
Assorted Cereal

TUESDAY

Vanilla Breakfast
Square
Maple Chicken
Sandwich
Assorted Cereal

WEDNESDAY

Breakfast Bites
Breakfast Pizza
Assorted Cereal

THURSDAY

French Toast Sticks
Ham & Cheese
Croissant
Assorted Cereal

FRIDAY

Mini Blueberry Waffles
Bagel & Cream
Cheese
Assorted Cereal

Lunch

Students may choose 1% white milk or nonfat chocolate milk at lunch.

MONDAY

Pepperoni Pizza
Buffalo Veggie
Nuggets & Corn
Bread
Chicken Burrito
Protein Pack

TUESDAY

Chipotle Chicken &
Cilantro Lime Rice
Beef Hot Dog
Vegan Burger
Bistro Box

WEDNESDAY

Bosco Sticks with
Marinara Cup
Pork Carnitas Tacos
Turkey & Cheese
Croissant
Protein Pack

THURSDAY

Orange Chicken &
Rice
Corn Dog
Mac & Cheese
Bistro Box

FRIDAY

Popcorn Chicken
Hamburger
Quesadilla
Protein Pack



SALAD BAR

A variety of fruits and vegetables are offered each week:

Fresh: apple slices, cantaloupe, honeydew, pears, grapes, oranges, bananas, carrots, celery, cucumber, edamame, jicama, mini sweet peppers, spinach, tomatoes, salad mix, & sugar snap peas

Canned: black beans, corn, peaches

Dried: raisins **Frozen:** Sidekicks & Fruit juice

Menus subject to change. This is an equal opportunity provider.

