

# SCHS MENU

| MONDAY                                                                                                            | TUESDAY                                                                                                                    | WEDNESDAY                                                                                                     | THURSDAY                                                                                                            | FRIDAY                                                                                                             |
|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| <i>Sept. 29</i>                                                                                                   | <i>Sept. 30</i>                                                                                                            | <i>Oct. 1</i>                                                                                                 | <i>Oct. 2</i>                                                                                                       | <i>Oct. 3</i>                                                                                                      |
| <b>Breakfast</b><br>Breakfast Pizza (WG)<br>Assorted Cereal (WG)<br>Juice/Milk<br>Apple<br>Toast (WG)             | <b>Breakfast</b><br>Pumpkin Bread (WG)<br>Assorted Cereal (WG)<br>Juice/Milk<br>Apple/<br>Toast (WG)<br>Hashbrowns         | <b>Breakfast</b><br>Donut Holes (WG)<br>Assorted Cereal (WG)<br>Juice/Milk<br>Apple<br>Toast (WG)             | <b>Breakfast</b><br>Sausage Biscuit (WG)<br>Assorted Cereal (WG)<br>Juice/Milk<br>Apple<br>Toast (WG)               | <b>Breakfast</b><br>Cinnamon Rolls (WG)<br>Assorted Cereal (WG)<br>Juice/Milk<br>Apple<br>Toast (WG)               |
| <b>Lunch<br/>Line 1</b>                                                                                           | <b>Lunch<br/>Line 1</b>                                                                                                    | <b>Lunch<br/>Line 1</b>                                                                                       | <b>Lunch<br/>Line 1</b>                                                                                             | <b>Lunch<br/>Line 1</b>                                                                                            |
| Grilled Cheese (WG)<br>Tomato Soup<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk | Pulled Pork Nachos (WG)<br>Black Bean Salsa<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk | Sloppy Joe (WG)<br>Corn<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk        | Chicken Parmesan (WG)<br>Green Beans<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk | Chicken Patty/ Bun (WG)<br>Broccoli<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk |
| <b>Lunch<br/>Line 2</b>                                                                                           | <b>Lunch<br/>Line 2</b>                                                                                                    | <b>Lunch<br/>Line 2</b>                                                                                       | <b>Lunch<br/>Line 2</b>                                                                                             | <b>Lunch<br/>Line 2</b>                                                                                            |
| Toasted Ravioli (WG)<br>Carrots<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk    | French Bread Pizza (WG)<br>Baked Beans<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk      | Cheese Quesadilla (WG)<br>Corn<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk | Chili Crisпитos (WG)<br>Green Beans<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk  | Fish Sandwich (WG)<br>Broccoli<br>Cheeseburger (WG)<br>Hamburger (WG)<br>Mini Salad<br>Assorted Fruit<br>Milk      |

(WG) Whole Grain

1% milk (white) and skim milk (white & chocolate) are also served on both lunch lines.

**Menu subject to change**