

ATHLETICS

Girls' athletics has been incredibly successful since its inception in 1975. The advent of girls not only brought more trophies to Groton's halls, but also new sports. Field hockey and figure skating began in 1975, along with coed softball, volleyball, and rugby. In that same year, girls were first able to try out for boys' teams in non-contact sports if a girls' team did not exist, including squash, tennis, and skiing. Join us in celebrating the athletic achievements of the girls' teams of the last 50 years.

1975



1975 — First Girls' Field Hockey Team

Joan Ogilvy Holden (history teacher from 1974-84) starts the first field hockey team, leading the varsity team to three league championships.



1978



1979 — Girls' Crew NEIRA Champions

Girls' 1979 Crew first and second boats go undefeated in their regular season and all three boats win the New England Interscholastic Rowing Association (NEIRA) championship at Lake Quinsigamond.



1978



1983 — Girls' Ice Hockey Undefeated

Girls' 1983 Varsity Ice Hockey team goes undefeated 14-0 in their regular season.



1985 — First Girl to Letter in Boys' Varsity Football

The first girl letters in a boys' sport: varsity football.



1980



1980



1980



1994 — Girls' Varsity Squash Undefeated

Girls' 1994 Varsity Squash team goes undefeated 12-0 in their regular season and come in second in the New England Interscholastics.

1994 — Girls' Crew Henley Royal Regatta

Girls' 1994 Crew first and second boats win the NEIRA championship at Lake Quinsigamond and the Henley Royal Regatta on the River Thames.



1991

1994 — Girls' Field Hockey ISL Champions

Girls' 1994 Field Hockey wins all but one match (13-1-1) in their regular season and wins the Independent School League (ISL) championship.



1991



2002 — Girls' Tennis ISL Champions

Girls' 2002 Varsity Tennis wins all but one match (12-1) in their regular season and wins the Independent School League (ISL) championship.



1996



1993



2014 — Girls' Soccer NEPSAC Champions

Girls' 2014 Soccer wins the New England Preparatory School Athletic Council (NEPSAC) Class B Championship.



2012



2014



2000



2024 — Girls' Volleyball Undefeated in ISL

Girls' 2024 Varsity Volleyball, only started in 2017, goes undefeated against ISL competition.



2024



2015

2005

1995

1985

1975

2015

2025