




HEAD START BREAKFAST MENU

 Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.



OCTOBER

2025



Monday

Tuesday

Wednesday

Thursday

Friday

		1 WG Cocoa Puffs Cereal  WG Blueberry Chex  Sliced Apricots Milk	2 WG Breakfast Pizza Banana Muffin  Orange Slices Milk	3 NO SCHOOL
6 WG Bagel w/ Cream Cheese  Strawberries Milk	7 WG Biscuit w/ Turkey Sausage WG Biscuit w/ Jelly  Chilled Peaches Milk	8 WG Cinnamon Toast Crunch  WG Trix Cereal  Mandarin Oranges Milk	9 WG Breakfast Sandwich  Mixed Fruit Milk	10 WG Maple or Blueberry Waffle  Cinnamon Apples Milk
13 Mini Pancake Bites  Pineapple Milk	14 WG French Toast Sticks  Cinnamon Apples Milk	15 Choco-Banana Quesadilla  Chilled Peaches Milk	16 Scrambled Eggs w/ Turkey Sausage Scrambled Eggs w/ Toast  Orange Slices Milk	17 WG Blueberry Muffin  Trix Yogurt  Pineapple Milk
20 WG Strawberry Cream Bagel  Applesauce Cup Milk	21 WG Breakfast Burrito WG Blueberry Bread  Chilled Pears Milk	22 WG Cocoa Puffs Cereal  WG Blueberry Chex  Sliced Apricots Milk	23 WG Breakfast Pizza Banana Muffin  Orange Slices Milk	24 WG Apple Frudel  Pineapple Milk
27 WG Bagel w/ Cream Cheese  Strawberries Milk	28 WG Biscuit w/ Turkey Sausage WG Biscuit w/ Jelly  Chilled Peaches Milk	29 WG Cinnamon Toast Crunch  WG Trix Cereal  Mandarin Oranges Milk	30 NO SCHOOL	31 NO SCHOOL