




HEAD START LUNCH MENU

 Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.



OCTOBER

2025



Monday

Tuesday

Wednesday

Thursday

Friday

		1 Beef Taco Bean Taco  Refried Beans Orange Slices Milk	2 Chicken Dumplings w/ Rice Yogurt Snack Pack  Steamed Broccoli Pineapple Milk	3 NO SCHOOL
6 Pizza Crunchers  Glazed Carrots Mixed Fruit Milk	7 Beef Nacho Bean Nacho  Black Bean & Corn Salad Pineapple Milk	8 Popcorn Chicken Veg Chicken Nuggets  Dinner Roll Mashed Potatoes Apple Slices Milk	9 General Tso Chicken w/ Fried Rice Yogurt Snack Pack  Teriyaki Green Beans Orange Slices Milk	10 Spaghetti w/ Meat Sauce Spaghetti w/ Marinara  Zesty Broccoli Chilled Pears Milk
13 Mini Corn Dogs Yogurt Snack Packs  Baked Beans Strawberries Milk	14 WG Crispito w/ Cheese Sauce WG Bosco Stick w/ Marinara  Mixed Vegetable Apple Slices Milk	15 Dominos Pizza  Side Salad Sliced Apricots Milk	16 Tangerine Chicken w/ Fried Rice Yogurt Snack Pack  Steamed Broccoli Mixed Fruit Milk	17 Cheeseburger Black Bean Burger  Smile Fries Mandarin Oranges Milk
20 Chicken Sandwich Yogurt Snack Pack  Sweet Potato Fries Mixed Fruit Milk	21 WG Bosco Stick w/ Marinara  Steamed Corn Strawberries Milk	22 Beef Taco Bean Taco  Refried Beans Orange Slices Milk	23 Chicken Dumplings w/ Rice Yogurt Snack Pack  Steamed Broccoli Pineapple Milk	24 Breakfast For Lunch (Scrambled Eggs, Turkey Sausage, Pancake) Hashbrown Chilled Pears Milk
27 Pizza Crunchers  Glazed Carrots Mixed Fruit Milk	28 Popcorn Chicken Veg Chicken Nuggets  Dinner Roll Mashed Potatoes Apple Slices Milk	29 Beef Nacho Bean Nacho  Black Bean & Corn Salad Pineapple Milk	30 NO SCHOOL	31 NO SCHOOL