

SECONDARY BREAKFAST MENU

Breakfast Cereal Options:

- Cocoa Puffs, Cinnamon Toast Crunch, Trix, Cinnamon Chex, Blueberry Chex

Breakfast Pop Tart Options:

- Strawberry, Cinnamon, Fudge

Daily fruit choices may include:

Fresh, frozen, or canned (in 100% juice or light syrup) or 100% Fruit Juice

High Schools:

- Tues & Thurs - Iced Coffee (Vanilla & Caramel)

Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.

OCTOBER

2025



Monday

Tuesday

Wednesday

Thursday

Friday

		1 Strawberry Pancake Bowl Choice of Cereal WG Blueberry Donut Holes Bagel w/ Cream Cheese Choice of Fruit Milk	2 Breakfast Burrito w/ Salsa Choice of Pop Tart WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	3 NO SCHOOL
6 Choice of Cereal Choice of Pop Tart Bagel w/ Cream Cheese Yogurt Smoothie Yogurt w/ Muffin or Bar Blueberry Donut Holes WG Blueberry Bread Choice of Fruit Milk	7 French Toast Sticks w/ Syrup Choice of Pop Tarts WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	8 Waffle Wednesday Choice of Cereal WG Blueberry Donut Holes Bagel w/ Cream Cheese Choice of Fruit Milk	9 KCPS Breakfast Sandwich - Sausage & Egg Biscuit Choice of Pop Tart WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	10 WG Strawberry Bagel Choice of Cereal Bagel w/ Cream Cheese WG Blueberry Donut Holes Choice of Fruit Milk
13 Choice of Cereal Choice of Pop Tart Bagel w/ Cream Cheese Yogurt Smoothie Yogurt w/ Muffin or Bar Blueberry Donut Holes WG Blueberry Bread Choice of Fruit Milk	14 Breakfast Pizza Choice of Pop Tarts WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	15 Strawberry Pancake Bowl Choice of Cereal WG Blueberry Donut Holes Bagel w/ Cream Cheese Choice of Fruit Milk	16 Breakfast Burrito w/ Salsa Choice of Pop Tart WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	17 WG Cinni Minis Choice of Cereal Bagel w/ Cream Cheese WG Blueberry Donut Holes Choice of Fruit Milk
20 Choice of Cereal Choice of Pop Tart Bagel w/ Cream Cheese Yogurt Smoothie Yogurt w/ Muffin or Bar Blueberry Donut Holes WG Blueberry Bread Choice of Fruit Milk	21 French Toast Sticks w/ Syrup Choice of Pop Tarts WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	22 Waffle Wednesday Choice of Cereal WG Blueberry Donut Holes Bagel w/ Cream Cheese Choice of Fruit Milk	23 KCPS Breakfast Sandwich - Sausage & Egg Biscuit Choice of Pop Tart WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	24 WG Strawberry Bagel Choice of Cereal Bagel w/ Cream Cheese WG Blueberry Donut Holes Choice of Fruit Milk
27 Choice of Cereal Choice of Pop Tart Bagel w/ Cream Cheese Yogurt Smoothie Yogurt w/ Muffin or Bar Blueberry Donut Holes WG Blueberry Bread Choice of Fruit Milk	28 Breakfast Pizza Choice of Pop Tarts WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	29 Strawberry Pancake Bowl Choice of Cereal WG Blueberry Donut Holes Bagel w/ Cream Cheese Choice of Fruit Milk	30 NO SCHOOL	31 NO SCHOOL