

Earl Monroe Basketball School Breakfast - October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Oct 1, 2025	Oct 2, 2025	Oct 3, 2025	Oct 4, 2025
			<ul style="list-style-type: none"> • Assorted Yogurt • Whole Grain Bread • Butter • Applesauce • Orange • Milk 1% low-fat • Skim Milk 	Closed	<ul style="list-style-type: none"> • Egg Patty • Whole Wheat English Muffin • American Cheese Slice • Banana • Milk 1% low-fat • Skim Milk 	Closed
Oct 5, 2025	Oct 6, 2025	Oct 7, 2025	Oct 8, 2025	Oct 9, 2025	Oct 10, 2025	Oct 11, 2025
Closed	<ul style="list-style-type: none"> • Assorted Yogurt • WGR Cereal • Apple (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Waffle (2) • Maple Syrup • Fresh Plum (2) • Fruit cup • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Wgr Mini Loaf, Asstd • Assorted Yogurt • Orange • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Breakfast Taco (Eggs, Cheese, Beans) • Salsa • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Grain Bagel • Cream Cheese • Applesauce • Pear • Milk 1% low-fat • Skim Milk 	Closed
Oct 12, 2025	Oct 13, 2025	Oct 14, 2025	Oct 15, 2025	Oct 16, 2025	Oct 17, 2025	Oct 18, 2025
Closed	Closed	<ul style="list-style-type: none"> • Whole Wheat Pancake • Maple Syrup • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • Whole Grain Bread • Butter • Applesauce • Orange • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat French Toast (2) • Turkey Sausage Link • Maple Syrup • Fruit cup • Banana • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Egg Patty • Whole Wheat English Muffin • American Cheese Slice • Bananas (2) • Milk 1% low-fat • Skim Milk 	Closed
Oct 19, 2025	Oct 20, 2025	Oct 21, 2025	Oct 22, 2025	Oct 23, 2025	Oct 24, 2025	Oct 25, 2025
Closed	Closed	<ul style="list-style-type: none"> • Whole Wheat Waffle (2) • Maple Syrup • Fruit cup • Fresh Plum (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Wgr Mini Loaf, Asstd • Assorted Yogurt • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat French Toast (2) • Turkey Sausage Link • Maple Syrup • Fruit cup • Banana • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Grain Bagel • Cream Cheese • Applesauce • Pear • Milk 1% low-fat • Skim Milk 	Closed
Oct 26, 2025	Oct 27, 2025	Oct 28, 2025	Oct 29, 2025	Oct 30, 2025	Oct 31, 2025	
Closed	<ul style="list-style-type: none"> • Egg Patty • Whole Wheat English Muffin • American Cheese Slice • Banana • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Pancake (2) • Maple Syrup • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • Whole Grain Bread • Butter • Applesauce • Orange • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat French Toast (2) • Turkey Sausage Link • Maple Syrup • Fruit cup • Banana • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Egg Patty • Whole Wheat English Muffin • American Cheese Slice • Banana • Milk 1% low-fat • Skim Milk 	

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Earl Monroe Basketball School Lunch - October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Oct 1, 2025	Oct 2, 2025	Oct 3, 2025	Oct 4, 2025
			<ul style="list-style-type: none"> • WGR Spaghetti and Meatballs (5) • Broccoli • Fresh Apple • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	Closed	<ul style="list-style-type: none"> • Chicken Salad • Whole Grain Bun • Tossed Salad • Salad Dressing, Assorted • Baby Carrots • Pretzels • Orange • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	Closed
Oct 5, 2025	Oct 6, 2025	Oct 7, 2025	Oct 8, 2025	Oct 9, 2025	Oct 10, 2025	Oct 11, 2025
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Nuggets (5) • Green Beans • Sweet Potato Fries • Whole Grain Bread • Fresh Plum (2) • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • WGR Macaroni and Cheddar Cheese • Collard Greens • Chickpea & Kidney Bean Salad • Whole Grain Bread • Fruit Mix In 100% Natural Juice • Orange • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers (3) • Sweet Potato Fries • Mixed Vegetables • Whole Grain Bread • Pear • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • Dominican Stew w/Chicken • Brown Rice • Diced Carrots • Whole Grain Bread • Orange • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • WGR Macaroni and Cheddar Cheese • Collard Greens • Chickpea & Kidney Bean Salad • Whole Grain Bread • Fruit Mix In 100% Natural Juice • Orange • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	Closed
Oct 12, 2025	Oct 13, 2025	Oct 14, 2025	Oct 15, 2025	Oct 16, 2025	Oct 17, 2025	Oct 18, 2025
Closed	Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Nuggets (5) • Green Beans • Sweet Potato • Whole Grain Bread • Fresh Plum (2) • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • WGR Chicken Parmesan • WGR Penne Pasta • Broccoli • Pear • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • Burger W/ WGR Bun: • Potato Nuggets • Ketchup • Banana • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • Whole Grain Mozzarella Cheese Pizza • Green Beans • White Beans • Applesauce • Fresh Apple • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	Closed
Oct 19, 2025	Oct 20, 2025	Oct 21, 2025	Oct 22, 2025	Oct 23, 2025	Oct 24, 2025	Oct 25, 2025
Closed	Closed	<ul style="list-style-type: none"> • Beef WGR Hard Taco (2) • Pinto Beans • Brown Rice • Corn • Salsa • Fresh Plum (2) • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • WGR Baked Ziti w/ Cheese • Broccoli • Whole Grain Bread • Fresh Apple • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • WGR Chicken Parmesan • WGR Penne Pasta • Broccoli • Pear • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • Ham • American Cheese Slice • Whole Grain Bread (2) • Chickpea & Bean Salad • Wheat Thins • Apple • Milk 1% low-fat • Skim Milk 	Closed
Oct 26, 2025	Oct 27, 2025	Oct 28, 2025	Oct 29, 2025	Oct 30, 2025	Oct 31, 2025	
	<ul style="list-style-type: none"> • Beef Hot Dog • WGR Hot Dog Bun • Corn 	<ul style="list-style-type: none"> • Glazed Chicken Drumstick • Brown Rice and Beans 	<ul style="list-style-type: none"> • WGR Spaghetti and Meatballs (5) • Broccoli 	<ul style="list-style-type: none"> • Whole Grain Mozzarella Cheese Pizza • Green Beans 	<ul style="list-style-type: none"> • Chicken Salad • Whole Grain Bun • Tossed Salad 	

Closed	<ul style="list-style-type: none">• Baked Beans• Clementine (2)• Milk 1% low-fat• Skim Milk• 100% Assorted Fruit Juice	<ul style="list-style-type: none">• Sweet Plantain• Diced Carrots• Wgr Mini Loaf, Asstd• Fresh Plum (2)• Milk 1% low-fat• Skim Milk• 100% Assorted Fruit Juice	<ul style="list-style-type: none">• Fresh Apple• Milk 1% low-fat• Skim Milk• 100% Assorted Fruit Juice	<ul style="list-style-type: none">• White Beans• Applesauce• Fresh Apple• Milk 1% low-fat• Skim Milk• 100% Assorted Fruit Juice	<ul style="list-style-type: none">• Salad Dressing, Assorted• Baby Carrots• Pretzels• Orange• Milk 1% low-fat• Skim Milk• 100% Assorted Fruit Juice	
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