Whitney ISD School Health Advisory Council Minutes
September 22, 2025

Agenda SHAC agenda 9/22/2025
Attendees: Holly Beims, Amy Leech, Raygenna Heath, Dawn Poyner, Amber Seely, Heather Walker, Lauren Ortega, Amanda Garrett, Melissa Parton, Erin Cadena, Miranda Noel, Dana Marshall

Meeting called to order at 4:05pm
Last meetings minutes were accepted
Introduction of all members and what SHAC is

School Health Services/Safety

- Region 12 now offers to come to districts and provide school health services/training such as CPR, STOP THE BLEED, checking immunizations, vision and hearing screenings, participate in SHAC meetings, provide staff education, review care plans, etc..
- New policy: Unassigned EPI pens on each campus for anaphylactic reactions.
- Each staff member participates in STOP THE BLEED training before school starts.
- We now have three staff members in the district that are certified to instruct CPR for our staff.
- Senate bill 12- explained the new law and how parents now have to opt in or out for students to receive health or counseling services. The district has two different forms and information on the website.

Employee Health & Wellness

- 4 day work week!
- Eubank held a flu shot clinic for the district on 9/22/25.
- PTO lunches have started to support our staff.
- Intermediate has a sunshine committee that does fun things for teachers.

Health/Physical Education

- FitnessGram for grades 3-12. Automatically reports to the state when teachers/coaches enter information in.
- Teachers cannot use PE or Recess for instructional or behavioral consequences.

Family/Community Involvement

- First blood drive is September 30th at the HS.

Counseling/Guidance/Mental Health

- TexC.A.R.E.S- Crisis resource for anyone to use. Call line open 24/7 dial 988 or Text HELLO to 741741. Good resource for BTAs. Discussed posting this information in students bathrooms and/or hallways where they can see it.

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- We discussed the possibility of holding the Mental Health Fair and, given the transition to a four-day school week, we may not be able to proceed with the event due to the loss of an instructional day. As an alternative, the committee explored the possibility of hosting a Back-to-School Bash/Mental Health Fair prior to the start of the next academic year. This event would incorporate mental health booths and resources to support student wellness.
- **Meeting adjourned at 4:29pm**