



North Tonawanda Intermediate School Lunch October 2025

<p>29</p> <p>Taco in a Bag Ham and Cheese Sandwich Egg Chef Salad w/ Roll</p> <p>Broccoli, Peppers Fresh Fruit</p>	<p>30</p> <p>½ and ½ Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tomatoes, Carrots Fresh Fruit</p>	<p>1</p> <p>Sampler* Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Tots, Celery Fresh Fruit</p>	<p>2</p> <p>Pasta w/ Meatballs Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>Veggie Beans, Tomatoes Fresh Fruit</p>	<p>3</p> <p>Cheese or Pepperoni Pizza Salami and Cheese Sandwich Fruit and Yogurt w/ Roll</p> <p>Side Salad Fresh Fruit</p>
<p>6</p> <p>Orange Popcorn Chicken Ham and Cheese Sandwich Egg Chef Salad w/ Roll</p> <p>Rice, Broccoli Fresh Fruit</p>	<p>7</p> <p>Chicken Tenders Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tots, Baby Carrots Fresh Fruit</p>	<p>8</p> <p>Cheese Pizza Sticks Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Cucumbers, Celery Fresh Fruit</p>	<p>9</p> <p>Cheeseburger Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>Veggie Beans, Tomatoes Fresh Fruit</p>	<p>10</p> <p>Cheese or Pepperoni Pizza Salami and Cheese Sandwich Fruit and Yogurt w/ Roll</p> <p>Corn, Side Salad Fresh Fruit</p>
<p>13</p> 	<p>14</p> <p>French Toast Sticks w/ Sausage Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tots, Carrots Fresh Fruit</p>	<p>15</p> <p>Chicken Patty Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>BBQ Beans, Broccoli Fresh Fruit</p>	<p>16</p> <p>Grilled Cheese Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>Side Salad, Cucumbers Fresh Fruit</p>	<p>17</p> <p>Cheese or Pepperoni Pizza Salami and Cheese Sandwich Fruit and Yogurt w/ Roll</p> <p>Green Peppers, Celery Sticks</p>
<p>20</p> <p>Mac and Cheese Ham and Cheese Sandwich Egg Chef Salad w/ Roll</p> <p>Corn, Rice Fresh Fruit</p>	<p>21</p> <p>½ and ½ Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Carrots and Celery Sticks Fresh Fruit</p>	<p>22</p> <p>Hot Dog Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Smiles, BBQ Beans Fresh Fruit</p>	<p>23</p> <p>Meatball Sub Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>Broccoli, Side Salad Fresh Fruit</p>	<p>24</p> <p>Cheese or Pepperoni Pizza Salami and Cheese Sandwich Fruit and Yogurt w/ Roll</p> <p>Peppers, Carrots Fresh Fruit</p>
<p>27</p> <p>Popcorn Chicken w/ Roll Ham and Cheese Sandwich Egg Chef Salad w/ Roll</p> <p>Tomatoes, Corn Fresh Fruit</p>	<p>28</p> <p>French Toast Sticks w/ Sausage Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tots, Green Beans Fresh Fruit</p>	<p>29</p> <p>Chicken Tenders Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Cucumbers, Carrots Fresh Fruit</p>	<p>30</p> <p>Cheese or Pepperoni Pizza Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>Side Salad, Veggie Beans Fresh Fruit</p>	<p>31</p>  <p>½ Day</p>

Offered Daily:
Chicken Nuggets w/ Roll
PBJ w/ String Cheese

1% White and Fat Free Chocolate Milk

Free Lunch for ALL NT Students

½ and ½ day- 1/2 slice of Pizza and 3 Chicken Nuggets

Sampler* 2 Nuggets and 8 Popcorn Chicken

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