



North Tonawanda High School Breakfast

October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Offered Daily: Assorted Cereal 1% Milk Fat Free Chocolate Milk Fresh Fruit <small>Menus are subject to change without notice.</small>
29 Mini Powdered Donuts	30 Cherry Frudel	1 Chocolate Chip Muffin	2 French Toast Sticks	3 Mini Waffles	
6 Sausage and Cheese Bagel	7 Strawberry Yogurt String Cheese	8 Mini Powdered Donuts	9 Breakfast Pizza	10 Cinni Mini Rolls	
13 	14 Breakfast Sandwich	15 Blueberry Mini Waffles	16 French Toast Sticks	17 Mini Strawberry Cream Cheese Bagels	
20 Mini Chocolate Donuts	21 Breakfast Sandwich	22 Cinnamon Swirl Roll	23 Breakfast Pizza	24 Berry French Toast	
27 Oatmeal Chocolate Chip Bar	28 Breakfast Sandwich	29 Maple Waffles	30 French Toast Sticks	31 Apple Frudel	



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