



North Tonawanda Middle School Lunch

October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Daily Choices: Plain and Spicy Chicken Patties Cheeseburgers Lunch is FREE to ALL NT Students *Sampler Basket- 2 Nuggets 8 Popcorn Chicken French Fries Celery Buffalo Ranch Sauce <small>Menus are subject to change without notice.</small>
29 Mac and Cheese Waffle Fries Broccoli	30 Loaded Tater Tots Carrots Cauliflower	1 Beef Nachos Rice Tomatoes	2 Chicken Alfredo Broccoli Side Salad	3 Veggie Pizza Cucumbers Veggie Beans	
6 Meatball Sub Side Salad Baby Carrots	7 Chili Dog Tots BBQ Beans	8 Chicken Tenders Corn Tomatoes	9 Pasta w/ Meatballs Green Beans Cucumbers	10 Taco Pizza Veggie Beans Peppers	
13 	14 Cheese Pizza Sticks Corn Tomatoes	15 French Toast Sticks w/ Sausage French Fries Carrots	16 General Tso Chicken Rice Broccoli	17 Buffalo Chicken Pizza Side Salad Peppers	
20 Chicken Nuggets w/ Roll Green and Red Pepper Strips	21 Grilled Cheese w/ Tomato Soup Cucumbers Cauliflower	22 Lumberjack Bowl Celery and Carrots	23 French Toast Sticks w/ Sausage Tots Tomatoes	24 Meatball Pizza Carrots Green Beans	
27 Cheese Pizza Sticks Corn Veggie Beans	28 Loaded Baked Potato Rice Tomatoes	29 Buffalo Popcorn Chicken Side Salad Cucumbers	30 *Sampler Basket Broccoli Carrots	31 Chicken, Bacon Ranch Pizza Celery and Carrot Sticks	

Offered Daily:

PBJ w/ String Cheese
 Assorted Salads w/ Roll
 1% and Fat Free Chocolate Milk
 Fresh or Canned Fruit



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