



North Tonawanda Middle School Breakfast

October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Offered Daily: Assorted Cereal 1% Milk Fat Free Chocolate Milk Fresh Fruit or Juice
29 Mini Powdered Donuts	30 Breakfast Sandwich	1 Chocolate Chip Muffin	2 French Toast Sticks	3 Mini Waffles	
6 Sausage and Cheese Bagel	7 Strawberry Yogurt Cheese Stick	8 Mini Powdered Donuts	9 Breakfast Pizza	10 Cinni Mini Rolls	
13 	14 Apple Cinnamon Breakfast Round	15 Blueberry Mini Waffles	16 Super Donut	17 Mini Strawberry Cream Cheese Bagels	
20 Chocolate Glazed Donut	21 Yogurt Parfait	22 Cinnamon French Toast	23 Breakfast Pizza	24 Berry French Toast	
27 Oatmeal Chocolate Chip Bar	28 Cinnamon Swirl Roll	29 Maple Waffles	30 Mini Powdered Donuts	1 Apple Frudel	

Menus are subject to change without notice.



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