



North Tonawanda High School Lunch

October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Daily Choices: Taco/Nacho Line Panini Line Pizza Line Lunch is FREE to ALL NT Students Sampler Basket- 2 Nuggets 8 Popcorn Chicken French Fries Celery Buffalo Ranch Sauce
29 Bacon Cheeseburger Waffle Fries Broccoli	30 Chili Dog Side Salad Cucumbers	1 Orange Popcorn Chicken Tomatoes Carrots	2 Cheese Pizza Sticks Celery and Carrots	3 Chicken Tenders Broccoli BBQ Beans	
6 Meatball Sub Broccoli Cauliflower	7 French Toast Sticks w/ Sausage Tots Celery	8 Bacon Cheeseburger Fries Side Salad	9 Pasta w/ Meatballs Green Beans Cucumbers	10 Chicken and Cheese Quesadilla Veggie Beans Peppers	
13 	14 Chicken Nuggets Cucumbers Cauliflower	15 Chicken Tenders French Fries Carrots	16 Cheese Pizza Sticks Celery and Carrot Sticks	17 Mac and Cheese Side Salad Peppers	
20 Grilled Cheese w/ Tomato Soup Green and Red Pepper Strips	21 Lumberjack Bowl Rice Tomatoes	22 General Tso Chicken Rice Broccoli	23 French Toast Sticks w/ Sausage Tots Tomatoes	24 Loaded Baked Potato Carrots Green Beans	
27 Buffalo Popcorn Chicken Corn Veggie Beans	28 Loaded Tater Tots Carrots Cauliflower	29 Chicken Alfredo Side Salad Cucumbers	30 Sampler Basket Broccoli Carrots	3 Chicken Lo Mein Bowl Celery and Carrot Sticks	

Offered Daily:
 PBJ w/ String Cheese
 Assorted Salads w/ Roll
 1% and Fat Free Chocolate Milk
 Fresh or Canned Fruit
 Spicy or Plain Chicken Patty



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