My student has a dietary need. What paperwork should be completed?

Special Diet Forms	Dietary Need	To Be Completed By
Personal Beliefs Diet Request Form	**Religious or ethical dietary restriction, such as:** • Vegetarian • Vegan • No pork	Parent or guardian
Parental Request for a Fluid Milk Substitution for School-Age Children	**Can't drink regular milk** • This form **does not** eliminate all dairy products • Lactaid and Soy Milk are the only substitutions offered. If a student needs juice, a Medical Statement (described below) is required	Parent or guardian
Medical Statement to Request Special Meals and/or Accommodations	**A medically necessary restriction, such as:** • Food allergy, intolerance, or sensitivity • Texture accommodation, such as food being chopped or pureed • Food-specific malabsorption • Nutrient limitations, such as specific amounts of carbs, or sodium, or calories • Other diagnosed dietary limitations	Specific state licensed healthcare professional: • Physician • Physician's assistant • Nurse practitioner • Registered dietitian *This form cannot be completed by Registered Nurses (including school nurses), or parents/guardians *Other paperwork such as doctor's notes on office letterhead, Medication at School Forms, and Managing Diabetes at School Forms are not accepted. These forms can be submitted with a Medical Statement, but not in lieu of.
Special Diet Cancellation Form **OR** Informing one of the following via phone or email that it can be cancelled: • Nutritionist at 457-6250 or foodservicespecialdiet@fresnounified.org • School Nurse • School Cafeteria Manager **OR** A doctor's note stating that the accommodation is no longer needed	**Accommodation needs to be cancelled, usually due to one of the following reasons:** • Student has outgrown their restriction and is no longer allergic • Student has moved to secondary and can independently choose an appropriate meal from the several entrees served daily • Parent will monitor the online menu and send food from home when needed	Parent or guardian

Other Helpful Information

- Menus can be found at fresnounified.nutrislice.com
- Special meals will be ready within one week of the Nutritionist receiving accurate, fully completed paperwork. Paperwork that is incomplete or signed by an incorrect party will cause a delay in processing. Paperwork can be sent directly to the Nutritionist at foodservicespecialdiet@fresnounified.org
- Students who have an accommodation with a Personal Beliefs or Medical Statement are put on a special diet menu. This menu cannot be deviated from, even if the day's regular menu meal is allowed by their restriction. This is to protect all students with accommodations, and to ensure no student is given a meal that violates their accommodation.
    - If parents prefer, they can choose not to submit for an accommodation and instead monitor the menu online, and then send food from home when a menu isn't acceptable for their student's restriction.
- Accommodation can only be made after the paperwork is processed by the Nutritionist. Nutrition Services site leads, site nurses, and other site staff cannot begin an accommodation without Nutritionist's approval.
- Updated paperwork is only necessary if a student's dietary needs have changed. If a student's dietary needs remain the same year to year, they do not need to submit paperwork at the start of the school year.
- Nutrition Services needs to be informed when students change schools.

Parents and staff are welcome to contact the Nutritionist at 457-6250 or foodservicespecialdiet@fresnounified.org with further questions or concerns