

## Lakeland School District Adult Lunch Menu

### **Cobb Salad**

Fresh Greens, Tomatoes, Cucumbers, Mandarin Sections, Turkey Breast, Ham and Hard Cooked Egg. Served w/ homemade Orange Honey Mustard Dressing. Includes fresh baked breadstick. **\$5.20**

### **Chicken Caesar Salad**

Tender Chicken Breast, Creamy Caesar Dressing, Parmesan Cheese and Croutons. Includes fresh fruit and a fresh baked breadstick. **\$5.20**

### **Popcorn Chicken Wrap**

Oven Baked Popcorn Chicken on a bed of lettuce with Spinach and Creamy Ranch Dressing. Includes fresh fruit & chips. **\$5.20**

### **Turkey and Ham Sub Sandwich**

Sliced Turkey and Ham; and a choice of Cheddar, Swiss, or Pepper Jack cheese on a fresh baked sub roll with lettuce, tomato and pickle. Includes a fresh fruit & chips. **\$5.20**

### **Italian Sub Sandwich**

Sliced Ham and Pepperoni; and a choice of Cheddar, Swiss, or Pepper Jack cheese on a fresh baked sub roll with lettuce, onion, tomato and Italian dressing on the side. Includes fresh fruit & chips. **\$5.20**

### **Tuna Croissant Sandwich**

Tasty Tuna on a Croissant with green leaf lettuce, celery & red onion. Includes fresh fruit & chips. **\$5.20**

### **Chicken Caesar Wrap**

10" Tortilla, Diced Chicken, Creamy Caesar Dressing & Parmesan Cheese. Includes fresh fruit and chips. **\$5.20**

All lunch orders must be emailed to [varchambeault@lakeland272.org](mailto:varchambeault@lakeland272.org) by 4:00pm the day before. Please pay the cashier when picking up your order from the cafeteria.



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