

SSAISD Substitute Training 2025-2026



Presentation Topics

- **SSAISD Counselor Website**
 - Counselor Roles & Responsibilities
 - Care Zone / Resources
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SSAISD Guidance and Counseling

[Website](#)

Bullying- David's Law

David's Law is a Texas law passed in 2017 (SB 179) that aims to prevent and combat bullying and cyberbullying in schools. Named after 16-year-old David Molak who died by suicide after online harassment.

The law expands the definition of bullying to include cyberbullying, requires schools to include cyberbullying in their policies, mandates parent notification for victims and aggressors, provides tools for anonymous reporting, and allows for civil relief, such as restraining orders, for minor victims of cyberbullying.

Types of Bullying-Recognizing

Physical Bullying

- **Description:** Actions that hurt a person's body or damage their belongings.
- **Examples:** Hitting, kicking, pushing, tripping, stealing, or breaking someone's property.

Verbal Bullying

- **Description:** Using spoken or written words to hurt someone.
- **Examples:** Name-calling, teasing, taunting, making inappropriate sexual comments, or threatening to cause harm.

Social Bullying

- **Description:** Hurting someone's reputation or relationships by spreading rumors or embarrassing them.
- **Examples:** Spreading rumors, telling others not to be friends with someone, excluding them from a group, or publicly humiliating them.

Cyberbullying

- **Description:** Bullying that occurs through electronic devices and online platforms.
- **Examples:** Sending mean texts or messages on social media, sharing embarrassing pictures or videos, spreading rumors online, or creating fake profiles.

Bullying-Reporting & Prevention

Schools are legally responsible for preventing and responding to bullying that occurs on campus, during school activities, and off-campus if it creates a substantial disruption to the school environment, such as with cyberbullying.

Texas law requires school districts to have policies that define bullying, establish reporting procedures, outline parent notification processes, and provide for investigations and appropriate discipline. Schools must maintain a safe environment, and failure to act on known bullying can lead to liability.



Bullying...What to Do?

- REPORT BULLYING INCIDENTS TO YOUR IMMEDIATE SUPERVISOR, ADMINISTRATOR OR COUNSELOR
- DO NOT BE A BYSTANDER , YOU NEED TO INTERVENE
- STUDENTS AND PARENTS CAN MAKE AN ANONYMOUS ALERT ON THEN BULLY REPORTER SYSTEM **P3 CAMPUS**.

Child Abuse

Four Types

- Physical Abuse
- Neglect
- Sexual Abuse
- Emotional Abuse

Physical Abuse

Physical injury that results in substantial harm to the child, or the genuine threat of substantial harm from physical injury to the child. The physical injury (ranging from minor bruises to severe fractures or death) can result from punching, beating, shaking, kicking, biting, throwing, stabbing, hitting, burning, choking, or otherwise harming a child. Such injury is considered abuse regardless of whether the caretaker intended to hurt the child.

Suspect Physical Abuse When You See:

- Frequent injuries such as bruises, cuts, black eyes, or burns without adequate explanations
- Frequent complaints of pain without obvious injury
- Burns or bruises in unusual patterns that may indicate the use of an instrument or human bite; cigarette burns on any part of the body
- Lack of reaction to pain
- Extreme fear of going home or seeing parents
- Injuries that appear after a child has not been seen for several days
- Unreasonable clothing that may hide injuries to arms or legs

Neglect

Neglect is failure to provide for a child's basic needs necessary to sustain the life or health of the child, including food, water, a place to live, love and attention.

Suspect Neglect When You See:

- Obvious malnourishment
- Consistent concern for lack of personal hygiene that poses a health risk
- Stealing or begging for food
- Inappropriate dress for season or weather
- Consistent lack of supervision and emotional care
- Unaddressed need for dental care or other medical attention

Sexual Abuse

Sexual Abuse includes fondling a child's genitals, penetration, incest, rape, sodomy, indecent exposure, and exploitation through prostitution or producing pornographic materials.

Suspect Sexual Abuse When You See:

- Physical signs of sexually transmitted diseases
- Evidence of injury to the genital area
- Pregnancy in a young girl
- Difficulty in sitting or walking
- Extreme fear of being alone with adults of a certain sex
- Sexual comments, behaviors, or play beyond what is considered age-appropriate behavior
- Knowledge of sexual relations beyond what is expected for a child's age
- Sexual victimization of other children

Emotional Abuse

Emotional Abuse is mental or emotional injury that results in an observable and material impairment in a child's growth, development, or psychological functioning. It includes extreme forms of punishment such as confining a child in a dark closet, habitual scapegoating, belittling, and rejecting treatment for a child.

Suspect Emotional Abuse When You See:

- Over-compliance or low self-esteem caused by scapegoating or verbal abuse by caregivers
- Severe depression, anxiety, or aggression
- Lagging in physical, emotional, and intellectual development
- Caregiver who belittles the child, withholds love, and seems unconcerned about the child's problems
- Significant changes to behavior, such as withdrawal or over-aggression
- Significant changes to weight, such as substantial weight gain or weight loss.

Child Abuse- State Mandated Reporting

Texas law requires that **ANY PERSON suspecting that a child has been abused or neglected must immediately make a report.**

- All persons must report within **24** hours of first suspecting abuse. If you suspect sexual abuse we recommend you contact your administrator or counselor and you report it immediately.
- In Texas, failure to report suspected child abuse or neglect is a criminal offense as a Class A Misdemeanor, and punishable by up to one year in jail and/or a fine of up to \$4,000.
- Any person who makes a knowingly false report of child abuse, can face criminal charges, including fines and jail time.
- A person who makes a report out of good faith and it turns out to be false, are protected by law, even if the investigation finds no abuse occurred. Texas law protects individuals who make reports in good faith.

Child Abuse- State Mandated Reporting

Counselors can assist you when you are making the report.

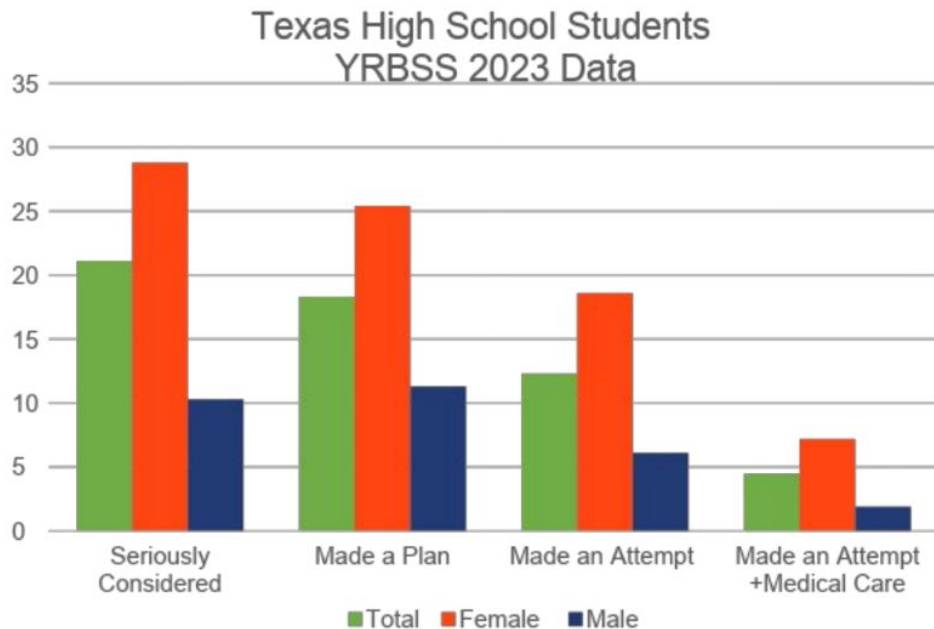
REPORT ABUSE!!!

1-800-252-5400

Suicide-Stats

Texas High School Students – YRBSS Data (2023)

AS⁺K[!]
Ask About Suicide
To Save a Life[®]



Suicide-Recognizing, Reporting

WARNING SIGNS OF SUICIDE:

The behaviors listed below may be some of the signs that someone is thinking about suicide.

TALKING ABOUT:



- ▷ Wanting to die
- ▷ Great guilt or shame
- ▷ Being a burden to others

FEELING:



- ▷ Empty, hopeless, trapped, or having no reason to live
- ▷ Extremely sad, more anxious, agitated, or full of rage
- ▷ Unbearable emotional or physical pain

CHANGING BEHAVIOR, SUCH AS:



- ▷ Making a plan or researching ways to die
- ▷ Withdrawing from friends, saying goodbye, giving away important items, or making a will
- ▷ Taking dangerous risks such as driving extremely fast
- ▷ Displaying extreme mood swings
- ▷ Eating or sleeping more or less
- ▷ Using drugs or alcohol more often

If these warning signs apply to you or someone you know, get help as soon as possible, particularly if the behavior is new or has increased recently.

988 Suicide & Crisis Lifeline
Call or text 988
Chat at 988lifeline.org

Crisis Text Line
Text "HELLO" to 741741



NIH National Institute
of Mental Health

nimh.nih.gov/suicideprevention

Suicide Prevention/Protocol

What to do?

- If a student mentions they want to hurt/kill themselves please inform the front office immediately. An administrator or Counselor will come to assist student.
- This outcry can come verbally, physically, or through writing assignments.
- Most important...Do NOT leave the student alone.

Suicide Ideation

[Suicide Prevention Lifeline Website](#)



THE CENTER
FOR HEALTH CARE SERVICES

Mental Health & Substance Abuse Solutions

Thank you!

