



# What you need to know about youth suicide prevention

**Suicide is the second leading cause of death among adolescents and young adults in New Jersey.** Across the nation, 20% of high school students report having seriously considered suicide.

## What you'll learn

- ✓ Better understand suicide so you can recognize its warning signs
- ✓ Have meaningful discussions with the youth in your life
- ✓ Learn practical strategies and easy-to-use language for this important topic
- ✓ Opportunities for discussion and questions

Mental Health Association  
of Monmouth County

An Affiliate of



Mental Health America

[www.mentalhealthmonmouth.org](http://www.mentalhealthmonmouth.org)



**Wednesday, October 8**

7:00pm - 8:15pm (Zoom)

[Register](#)

**For questions or assistance, contact:**

Marney Rohda

Suicide Prevention Consultant

[marneyrohda@gmail.com](mailto:marneyrohda@gmail.com)



This workshop is made possible through a grant from the Monmouth County Department of Health and Human Services, Division of Child and Youth Services.