



# Case Management: Pulmonary Program

Have you or a family member been diagnosed with COPD or asthma? FCH case managers can help!

Whether you are living with Chronic Obstructive Pulmonary Disease (COPD), or Asthma, our Case Management Pulmonary Program teaches you how to manage your diagnosis. Our licensed nurse case managers can help you learn how to understand your condition, manage your symptoms, and provide assistance when you need it.

## Reminder:

Identify your triggers. By proactively managing COPD and/or asthma, you can improve your quality of life, reduce the frequency of symptoms, and prevent severe flare-ups.



Medication  
management



Licensed  
medical staff



Holistic  
Care



Benefits &  
costs review

## Ready to get started?

Connect and ask for an FCH case manager  
800-808-0450 | [cmsupport@fchn.com](mailto:cmsupport@fchn.com)