



# Case Management: Diabetes Program

Have you or a family member been diagnosed with diabetes? FCH nurse case managers can help!

We partner with you and your health team to empower you to live your healthiest life! Whether you are living with Type 1 or Type 2, our Case Management Diabetes Program can teach you how to manage your blood sugar, blood pressure, cholesterol, and more.

## Reminder:

It is important that you get your eyes and feet checked yearly along with having your A1c monitored by your provider. Our licensed nurse case managers can help you learn how to manage your condition, understand your options, and get assistance when you need it.



Medication management



Licensed medical staff



Holistic Care



Benefits & costs review



Nutritional education

## Ready to get started?

Connect and ask for an FCH case manager  
800-808-0450 | [cmsupport@fchn.com](mailto:cmsupport@fchn.com)