

Breakfast Includes:

Entrée, Fruit, Juice and
Choice of 1% White or
Fat-Free White

Fruits and
100% Juice

Fruit
Available Daily

Skim, 1% Low-Fat Milk

Daily Breakfast Offerings

Sandwiches
Assorted Breakfast Bars
Assorted Cereals

*First Meal Free to All
Students. Meal includes
three item offered
(Note: One Must Be Fruit)

Please Contact the
Food Service Director
Denise Delpesh with
any Questions or
Concerns at:
914.777.4845
ddelpesh@ryneck.org



October 2025

RYE NECK

MIDDLE & HIGH SCHOOL

Breakfast Menu

MON	TUES	WED	THURS	FRI
		¹ Fresh Made Waffles with Blueberry Toppings Tater Tots Chilled Peaches Hormone Free Milk	² SCHOOL CLOSED Yom Kippur	³ Bagel with Cream Cheese Banana Hormone Free Milk
⁶ Cheesy Egg Bagel Melon Hormone Free Milk	⁷ French Toast with Syrup Orange Wedges Hormone Free Milk	⁸ Fresh Made Waffles with Blueberry Topping Hash Brown Apple Sauce Hormone Free Milk	⁹ Pancake with Syrup Tater Tots Tangerine Hormone Free Milk	¹⁰ Bagel with Cream Cheese Strawberries Hormone Free Milk
¹³ SCHOOL CLOSED COLUMBUS DAY	¹⁴ Breakfast Wrap with Bacon & Eggs or Sausage & Eggs Banana Hormone Free Milk	¹⁵ Fresh Made Waffles with Strawberry Topping Tater Tots Chilled Peaches Hormone Free Milk	¹⁶ French Toast Sticks with Tater Tots Cheese Stick Tangerine Hormone Free Milk	¹⁷ Bagel with Cream Cheese Banana Hormone Free Milk
²⁰ French Toast with Syrup Tater Tots Tangerine Hormone Free Milk	²¹ Breakfast Sandwich Orange Wedges Hormone Free Milk	²² Fresh Made Waffles with Blueberry Topping Hash Brown Fresh Apples Hormone Free Milk	²³ Apple Frudel Plums Hormone Free Milk	²⁴ Bagel with Cream Cheese Melon Hormone Free Milk
²⁷ French Toast Sticks with Syrup Hash Brown Pineapple Hormone Free Milk	²⁸ Cheesy Egg Omelet on a Biscuit Fresh Pear Hormone Free Milk	²⁹ Fresh Made Waffles with Strawberry Topping Tater Tots Chilled Peaches Hormone Free Milk	³⁰ Blueberry Parfait with Cheese Stick Chilled Peaches Hormone Free Milk	³¹ Bagel with Cream Cheese Banana Hormone Free Milk

Menus are subject to change.

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account**

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Or

Pay by cash or check made out to Rye Neck UFSD



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