

Cape Henlopen High School

Class of 2026

Post Secondary Planning

School Counselors

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College & Career Center

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Cape Henlopen High School

1250 Kings Highway

Lewes, DE 19958

School Code: 080080

302-645-7711 High School

302-645-7898 Guidance

302-645-8413 Guidance fax

Info at your fingertips

Schoolology

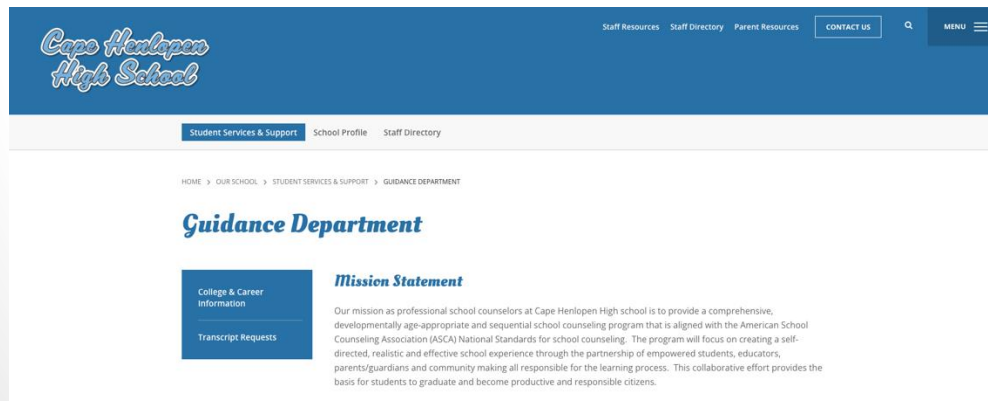
Guidance Class of 2026

Scholarships Class of 2026



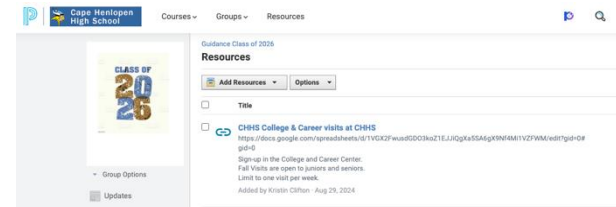
CHHS Website

- Student Services
 - Guidance Department



College Visits

- Schedule campus tours – vacation form and bring back documentation
- College Reps at CHHS
 - Sign up in College and Career Center (Binder or message Mrs. Clifton)
 - Pass to attend w/teacher permission
 - Face-to-face meeting
 - Ask questions
 - Academic programs (most popular)
 - Campus Life (freshmen options, security, fraternities/sororities, etc.)
 - Financial aid programs
 - Admissions requirements
 - Internship opportunities
 - Job placement for graduates
- Southern Delaware College Fair
 - Thursday, October 23rd - Sussex Central HS 7:00 pm–9:00 pm
- Delaware Tech – Owens Campus Open House
 - Saturday, November 1st – 9:00 am – 11:30 am



Trade Programs

- Sussex Tech Adult Education
 - Apprenticeship programs (the other 4-year degree)
 - Automotive Technician
 - Carpentry
 - Electrical
 - HVAC
 - Plumbing
 - Welding
 - Marine Science
 - Heavy Equipment Operator
 - Millwright
- Delaware Tech
 - Workforce development
 - Real Estate
 - Phlebotomy
 - EMT – Basic Certification
 - Commercial Driver's License
 - Dental Assistant
 - Medical Coding Specialist
 - Certified Pharmacy Tech

College Application Terms

Early Decision

- Binding
- Deadlines usually mid-November with notification in mid-late December
- Only one (1) ED application
- Withdraw other applications when ED acceptance received
- Limits your ability to review financial aid packages

Early Action

- Non-Binding
- Earlier application deadline = earlier notification
- Acceptance or deposit due May 1
- May apply to other colleges

Rolling Admission

- Non-Binding
- Notification usually within 4-8 weeks

Open Admission

- Non-Binding
- Admission without regard to academic qualifications

Reply Date Agreement

- May 1
- Provides opportunity to hear from all colleges before committing

Application Ethics

Application process demands integrity

- Report activities and accomplishments
 - Grades 9 -12
- Write your own essay
- Don't apply to a major you do not intend to pursue
- Report disciplinary infractions – you have a chance to explain
 - All suspensions (ISS and OSS)
- Social Media Presence

Completing Applications

Narrow list to 3-5

Safety – Good Fit – Reach

Deadlines

Student Application

Application Requirements

Fee, essay, supplemental questions, letters of rec (#),
transcript/school report, etc.

Admission Requirements

Min academic units, specific credits, etc.

Information before you begin

- School Info
 - Address
 - Phone
 - Fax
- School Counselor Email
- Transcript
- Test Scores
- Resume
 - Activities grade 9-12
 - Academic Honors
 - Leadership Awards
 - Employment
- Student Email
- Drivers License #
- Social Security #
- Parent Info
 - Occupation/Job Title
 - Education level
 - College Attended
 - Driver License Number
- Sibling Info

How do I apply to college?

- Common App commonapp.org
- Coalition coalitionforcollegeaccess.org
- Individual College/University Applications
 - For example: DTCC, WilmU, etc.

Transcript Information

District Name: Cape Henlopen Sch District
District Number: 17
Cape Henlopen High Transcript
Tel: (302)645-7711 Fax: (302)645-1356
1250 Kings Highway, Lewes, DE 19958

Student Name
Address
Phone Number

Transcript Statistics

SRA Type GPA Class Rank
Weighted GPA 102.645 of 466
Unweighted GPA 97.777

Student #:

State ID:
Counselor: Warrington,
Carol
Principal: Kristin
DeGregory
Expected Graduation Year:
2026
Current Grade: 12
Birthdate:
Gender:

Courses Taken 2022-2023 Grade 09

Course	Mark	Weight	Credit
100201 (AC) 9th Grade World	93	0.5000	0.500
Literature			
100202 (AC) 9th Grade British	98	0.5000	0.500
Literature			
100201 (AC) 9th Grade	97	0.5000	0.500
Geometry			
100202 Academic Challenge	92	0.5000	0.500
Statistics			
1224 Honors Civics	99	0.5000	0.500
1264 Honors Geography	99	0.5000	0.500
1424 Honors Biology	96	1.0000	1.000
1521 Spanish One	100	1.0000	1.000
1866 Art 1	100	1.0000	1.000
4871 Symphonic Band	100	1.0000	1.000
1980 Health Education	100	0.5000	0.500
1990 Physical Education 1	98	0.5000	0.500
Total Credits: 8.000			

Courses Taken 2024-2025 Grade 11

Course	Mark	Weight	Credit
00401 (AC) DTCC Oral	96	1.0000	1.000
Communications			
00402 AC DTCC ENG 129	99	1.0000	1.000
Creative Writing			
00401 (AC) DTCC Calculus I	89	1.0000	1.000
00405 AC DTCC 251 Finite	94	1.0000	1.000
Math			
235 Honors American	100	1.0000	1.000
History			
296 WU PSY101 Intro to	100	0.5000	0.500
Psychology			
297 WU SOC 101 Intro to	100	0.5000	0.500
Sociology			
426 AP Biology	97	1.0000	1.000
434 Honors Chemistry	99	1.0000	1.000
523CP CP Spanish 3	100	1.0000	1.000
859 Computer Art &	100	1.0000	1.000
Photography 1			
Total Credits: 10.000			

Courses Taken 2023-2024 Grade 10

Course	Mark	Weight	Credit
100301 (AC) 10th Gr	98	0.5000	0.500
American Literature			
100302 (AC) Writing and	99	0.5000	0.500
Research			
300301 (AC) 10th Grade Pre-	95	0.5000	0.500
Calculus			
300302 (AC) 10th Gr	94	0.5000	0.500
Trigonometry & Pre-Calculus			
5249 Honors Enhanced	100	1.0000	1.000
Economics			
5414 Honors Physical Science	97	1.0000	1.000
5522 Spanish 2	99	1.0000	1.000
5852 Fine Arts 2	98	1.0000	1.000
5910 Intro to Publication	99	1.0000	1.000
5978 Health 10	95	0.2500	0.250
5987 Driver Education 3	5	0.0000	0.250
5991 Physical Education 2	100	0.5000	0.500
Total Credits: 8.000			

- 100-point grading scale
- Weighted
- Exact
- Cumulative GPA based on grades 9, 10, 11
- Class Rank based on cumulative weighted GPA

How to Send Transcripts

COMMON APP – SendEDU – Coalition (counselor req)

[PARCHMENT.COM](https:// Parchment.com)

- Every Student creates an account
 - Enter name (as it appears on Cape records)
 - Date of Birth
 - Graduation Year
- Order Transcript
 - Scholarships
 - Personal Use
- Free Service until August 31, 2026 – post secondary access

Launch Into Your Future

Department of Education initiative

DelawareStudentSuccess.org



CHHS Activities – October 1st – October 30th

- College Application Workshops

Seniors will apply to:

2 year or 4 year college/university

Trade/technical school

Military

***Delaware colleges waive online application fees during
10/1/2025– 11/30/2025***

Letters of Recommendation

COLLEGE APPLICATIONS

Academic

- Teacher (11th or 12th)
 - Core Subject Preferred
 - Career Pathway – major
 - Not necessarily course with highest grade
 - How are you as a student?
 - Strengths
 - Weaknesses
 - Quality of work
 - Grit
 - Advise teacher if you want area highlighted

SCHOLARSHIP APPLICATIONS

Character/Leadership

- Coaches
- Employers
- Clergy
- Political Figures

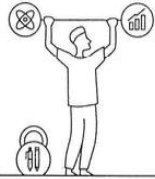
YOUR RESPONSIBILITY

- Ask to write
 - Don't be offended
- Give at least 2 weeks
- Provide list of Colleges & Major

School Counselor Letter of Recommendation

- Encompasses entire student
 - Academic Performance
 - Activities-extra curricular
 - Leadership
 - Character
- Counselor Letter of Rec Questionnaire
- Resume
- Brag Sheet

 **SCHOOL COUNSELOR**



Brag sheet:
Student questionnaire for counselor
letter of recommendation

Brag sheets are a way for you to help your counselor and teachers write letters of recommendation. These forms give them more insight into who you are outside of school and your interests. Fill out these forms, and share them with your counselor and teachers when you ask them for a letter of recommendation!

This form is for students to fill out.

Complete this form to help your counselor write a letter of recommendation on your behalf. Keep in mind, the more specific the details you can give, the more personal and effective your recommendation will be.

Student's full name: _____

Student's cell number: _____

Student's email address: _____

List three adjectives you would use to describe yourself.

What do you like to do for fun?

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Testing

SAT &/or AP

- Collegeboard.org
 - Student Help Line
 - 866-756-7346

ACT

- Actstudent.org

Scores not part of CHHS transcript

ASVAB

- Military placement test
- Career Exploration tool
- At CHHS
 - 10/16/25
 - 12/11/25
 - 2/19/26
 - 4/23/26
- Free
- Sign up w/Mrs. Rhue-E207A

Scholarships & Financial Aid

- Delaware Scholarship Compendium
 - SEED – DTCC & UD
 - INSPIRE – DSU
 - Academic Common Market
- CHHS Scholarship Guide
 - Local Organizations
 - CHHS Website
- FAFSA (Free Application for Federal Student Aid)
 - After October 1, 2025
- www.fafsa.ed.gov
- Financial Aid Information Night
 - September 24th
 - CHHS Theater
 - 6:00 pm–8:30 pm
- Financial Aid Workshops
 - 10/18/25 – 6:00 pm
 - 11/4/25 – 8:00 am
 - 12/9/25 – 6:00 pm
 - 1/4/26 – 8:00 am
 - 1/21/26 – 6:00 pm
 - 2/4/26 – 8:00 am
 - 2/5/26 – 6:00 pm
 - 3/3/26 – 8:00 am
 - 3/17/26 – 4:30 pm



NCAA



Division I & II Schools

Registration - www.eligibilitycenter.org

Fee

Final transcript sent in June (automatically if registered)

Parent Information Night
Wednesday, September 24th
6:00 pm – 7:30 pm B108

Almost Finished

- Decision made, deposit paid! (May 1)
 - Notify other colleges
- Senior Awards Night
 - Self-report to your counselor
 - Copies of all financial awards/scholarships
 - Thursday, May 28th 6:30 pm
- Final Transcript Request (iPad collection event)
- Graduation Practice – June 1st 9:00 am – 1:00 pm
- **GRADUATION – JUNE 2, 2026**

