Adapted Physical Education Elementary Curriculum Mapping

September: **Soccer** 1. Dribbling 2. Passing 3. Trapping 4. Goaltending 5. Kicking

October: **Football** 1. Hand-offs 2. Throwing 3. Catching 4. Hiking/ Snapping

November: **Basketball** 1. Dribbling 2. Passing 3. Shooting 4. Rebounding

December: **Floor Hockey** 1. Stickhandling 2. Passing 3. Shooting 4. Goaltending

January: **Yoga/ Dance/ Gymnastics/ Parachute** 1. Line Dance 2. Log rolls 3. Popcorn

February: **Winter Olympics** 1. Skating 2. Snowshoeing/ CC skiing 3. Bobsledding

March: **Volleyball** 1. Setting 2. Passing 3. Serving/ Striking 4. Blocking
Racquet Sports 1. Forehand 2. Backhand 3. Volleying 4. Serving

April: **Baseball/ Kickball** 1. Fielding 2. Catching 3. Throwing 4. Hitting 5. Run the bases

May: **Bowling/ Bocce** 1. Underhand rolling 2. Scoring 3. Strategy

June: Track and Field 1. Sprints 2. Relays 3. Throwing 4. Jumps

Gross Motor	Object Control/ Fine Motor
Striking	Stickhandling
Kicking	Dribbling
Running	Forehand/ Backhand
Catching	Shooting
Throwing	Rebounding
Galloping	Setting
Skipping	Serving
Hopping	
Jumping	