

rapid mood shifts

24–36 months

DEVELOPMENTAL CHECKLIST

Child's Name:

Observer's Name:

Date(s) of Observation:

Tip: If completing multiple times (e.g., once per month), use a different colored pen for each administration.

HEALTH & MOTOR LANGUAGE & LITERACY

	Climbs well	Follows two-step instructions
	Runs easily	Demonstrates understanding of at least one preposition (e.g., "up," "down," "in," "on," "under")
	Jumps in place Rolls, pounds, squeezes, pulls playdough Stacks a tower of blocks	Reponds verbally or nonverbally to "what" and "where" questions (e.g., "What are you doing?," "What is that?," or "Where are your shoes?")
	Strings large beads together	Names body parts
_	Uses hands to twist (e.g., turn a doorknob, unscrew lid on toy container)	Uses two-word phrases or short sentences
	Takes off some clothing by self (e.g., jacket, shoes; unzips	Asks questions like "What's that?" or "Where's my?" Uses quantitative words (e.g., "some," "one," "more")
7	zippers) Shows signs of readiness for toilet training (e.g., stays dry for	Says first name and age
_	longer periods of time)	Uses some pronouns (e.g., "I," "me," "we," "you")
	Washes and dries hands	Uses some plurals ("cars," "dogs," "cats")
	Helps brush own teeth	Carries on a simple conversation using two or three exchanges Talks to other children as well as adults
	Enjoys helping with simple household chores (e.g., wiping the table, feeding a pet)	Holds book right side up
	Shows or tells where it hurts when in pain	Names or tells about pictures in own words
		Fills in words or completes the end of a rhyme/sentence in a familiar book
	SOCIAL-EMOTIONAL	May love reading the same book again and again
_		Pretends to read books aloud to self
	Says "please" and "thank you" when reminded Enjoys being around other children; may show preference for	Recognizes some frequently seen signs and symbols (e.g., stop sign or fast food logo)
	certain friends	Scribbling becomes more varied to include vertical lines,
	Participates in simple group activity or game, like chase	horizontal lines, and circles
	Begins to take turns with assistance	
	Recognizes and/or names some feelings in self and others	
	Takes pride in own accomplishments by smiling, clapping, cheering for self, or saying "I did it!"	
	May have increased temper tantrums, physical aggression, or	

24-36 months, continued.

COGNITIVE ☐ Knows where things usually belong ☐ Uses a chair or stool to reach an object ☐ Completes simple puzzles Pretends an object is something else (e.g., block as a car, banana as a phone) Strings steps of pretend play together in a sequence (e.g., making crying noise to indicate doll is sad, preparing food for doll, feeding it, and putting it to bed) **RED FLAGS** Teachers should talk to parents or guardians if they notice one or more of these signs of possible developmental delay by the end of this age range. Parents should discuss red flags with their pediatricians or call Early Childhood Intervention (ECI) to ask for a developmental screening. ☐ Falls down a lot or has trouble with stairs ☐ Drools or has very unclear speech Can't work simple toys (e.g., peg boards, simple puzzles, a turning handle) ☐ Doesn't speak in simple sentences Doesn't follow simple instructions (e.g., "Put it in the trash" or "Bring it to Mommy") ☐ Doesn't do pretend play ☐ Doesn't want to play with other children Loses skills they once had



☐ Jumps off low step

☐ Pedals a tricycle

handed

☐ Snips with scissors

■ Blows nose when reminded

☐ Can recite familiar safety rules

☐ Unbuttons large buttons

adult assistance

Can name a friend

body language

☐ Climbs ladder and uses slide

36-48 months

HEALTH & MOTOR

☐ Forms simple shapes out of playdough (e.g., balls, snakes)

☐ Begins to show a preference for being right-handed or left-

☐ Can follow familiar daily routines at home and school with

☐ Begins to negotiate solutions to conflicts or might accept

Is able to wait briefly without becoming upset, with assistanceExpresses emotions through words in addition to actions and

Begins to manage intensity of emotions by asking for help or using self-soothing strategies (e.g., deep breaths to calm down,

Initiates or tries to join in play with other childrenShares toys and takes turns, with assistance

hugging a comfort object) with assistance

compromise offered by an adult

Catches a big ball with arms extended
 Pushes, pulls, steers wagon or wheeled toys
 Walks up and down stairs with alternating feet

☐ Holds a crayon between thumb and fingers

☐ Builds three-dimensional structures with blocks

☐ Puts on some clothing (e.g., jacket, shoes) by self

Uses toilet independently during daytime
 Pours liquid from small pitcher with supervision
 Spreads with a butter knife with supervision

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LANGUAGE & LITERACY

	Follows simple instructions even when objects are not present (e.g., "Go to the kitchen and get your shoes")
	Can follow commands with modifiers (e.g., "Walk slowly to the car")
	Demonstrates understanding of four different prepositions (e.g., "up," "in," "on," "under")
	Says what action is happening in a picture (e.g., jumping, drinking, playing).
	Can relate events and experiences (e.g., "I went swimming with Grandma")
	Uses sentences of three to four words
	Sings a song or says a poem from memory (e.g., "Itsy Bitsy Spider," "Wheels on the Bus")
	Can say first and last name when asked
	Names an object within a category (e.g., "Tell me a kind of fruit," "Name different kinds of animals")
	Speech is understood by familiar adults and peers
	Answers simple "who," "what," "where," and "how" questions
	Asks "who," "what," "where," and "why" questions
	Turns pages one at a time
	Sustains attention to an age appropriate book when read aloud
	Retells a familiar story in own words with some prompting (e.g., "What happens next?")
	Names or points to some letters and numbers
	Copies a circle and plus sign when caregiver shows how to draw them
	Begins to draw recognizable forms (e.g., person drawn with circle for head and two vertical lines for legs)
	Attempts to write by making squiggles, letter-like forms, and or letters in their name
	May express interest in typing on electronic devices

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36-48 months, continued.

Loses skills they once had

COGNITIVE ☐ Identifies some colors Identifies basic shapes (circle, square, triangle) Sorts objects into categories using one feature (e.g., all cars together) Counts aloud up to 10 Counts up to 5 objects one by one Recognizes familiar driving routes and locations (e.g., says, "That's where Grandma lives!" when approaching her house) ☐ Better able to ignore distractions and focus on the task at hand, persists in completing something that is a bit difficult ☐ Experiments with different objects during play to compare their effects (e.g., cars on ramps to see which goes faster) Repeats actions to improve results (e.g., blowing bubbles or pumping legs on swing) **RED FLAGS** Teachers should talk to parents or guardians if they notice one or more of these signs of possible developmental delay by the end of this age range. Parents should discuss red flags with their pediatricians and can request a free evaluation for their child from the local public school district by calling their local zoned elementary school. Has trouble drawing lines and circular shapes Does not do pretend play ☐ Shows no interest in playing with others ☐ Cannot put on any clothes independently ☐ Resists using the toilet ☐ Doesn't use "me" and "you" correctly ☐ Speech cannot be understood by those outside the family