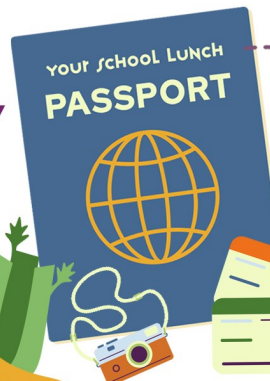


october ELEMENTARY

NATIONAL SCHOOL
Lunch week
October 13-17



BREAKFAST: Student \$2.25 • Adult: a la carte **LUNCH:** Student \$3.40 • Adult: \$5.75

BREAKFAST: Toast or PopTart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p>29 BREAKFAST Mini French Toast OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Breaded Chicken Sandwich OR Yogurt Meal Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>30 BREAKFAST Swirled Breakfast Roll OR Toast & Cereal Fruit Cup Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Pizza Crunchers w/ Marinara Dip California Blend Smile Potatoes Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>1 BREAKFAST Baked Muffin OR Toast & Cereal Fruit Cup, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Grilled Cheese Sandwich Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>2 BREAKFAST Waffles w/ Strawberries/Cream OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Beef Lasagna OR Breaded Chicken Drumstick Garlic Breadstick OR Yogurt Meal Steamed Broccoli Corn on the Cob Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>3 BREAKFAST Sausage & Biscuit w/ Cream Gravy OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Fish Nuggets w/ Hushpuppies Whole Kernel Corn Sidewinder Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
<p>6 BREAKFAST Cinnamon Crumb Loaf OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Calzone/Cheese Calzone w/ Marinara Dip OR Popcorn Chicken w/ Biscuit & Gravy California Blend Sidewinder Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>7 BREAKFAST Breakfast Pizza OR Toast & Cereal Fruit Cup Fruit Juice</p> <p>LUNCH State Fair Corn Dog OR Hamburger/Cheeseburger OR Yogurt Meal Baked Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice <i>Fair Day Treat</i></p>	<p>8 BREAKFAST Glazed Donut & String Cheese OR Toast & Cereal Raisels Fruit Juice</p> <p>LUNCH Chicken Tenders OR Steak Fingers Wheat Roll OR Grilled Cheese Sandwich Mashed Potatoes w/Cream Gravy Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>9 BREAKFAST Chocolate Filled Crescent OR Toast & Cereal Raisels Fruit Juice</p> <p>LUNCH Spaghetti w/ Meat Sauce & Wheat Roll OR Strawberry Yogurt Parfait w/ Muffin Green Beans Crinkle Cut Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>10 BREAKFAST French Toast & Sausage Patty OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Turkey & Cheese Croissant Corn on the Cob Smile Potatoes Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>

*Contains Pork

Menu Subject to change due to product availability

october ELEMENTARY

your school LUNCH
PASSPORT



BREAKFAST: Student \$2.25 • Adult: a la carte

LUNCH: Student \$3.40 • Adult: \$5.75

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

join us for LUNCH NATIONAL SCHOOL Lunch week

October 13-17



15 BREAKFAST
Fruit Filled
Frudel Strudel
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Chicken Tenders
OR
Chicken Fried Steak
Wheat Roll
OR
Grilled Cheese
Sandwich
Mashed Potatoes
w/Cream Gravy
Ranch Beans
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

16 BREAKFAST
Breakfast on
a Stick
OR
Toast & Cereal
Raisels
Fruit Juice

LUNCH
SwT/Sour Chicken
w/ Seasoned Rice
OR
Fiestada Pizza
OR
Yogurt Meal
Steamed Broccoli
Whole Kernel Corn
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

17 BREAKFAST
Pancakes &
Scrambled Eggs
w/ Cheese
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
Hot Dog w/
Chili & Cheese
Green Beans
French Fries
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

20 BREAKFAST
Mini Waffles
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Crispy Chicken
Drumstick w/
Garlic Texas Toast
OR
Pepperoni
Stuffed Sandwich
OR
Yogurt Meal
Bahama Blend
Smile Potatoes
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

21 BREAKFAST
* Breakfast Taco
w/Eggs & Bacon
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Hamburger/
Cheeseburger
OR
Macaroni & Cheese
w/ Wheat Roll
California Blend
Sidewinder Fries
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

22 BREAKFAST
Cake Donut
OR
Toast & Cereal
Fruit Cup, Fruit Juice

LUNCH
Chicken Smackers
OR
Chicken Fried Steak
Wheat Roll
OR
Grilled Cheese
Sandwich
Mashed Potatoes
w/Cream Gravy
Green Beans
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

23 BREAKFAST
Bagel filled w/
Cream Cheese
OR
Toast & Cereal
Raisels, Fruit Juice

LUNCH
Soft Beef Tacos
w/ Mexican Rice
OR
Breaded Mozzarella
Cheese Sticks w/
Marinara Dip
Steamed Broccoli
Refried Beans
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

24 BREAKFAST
Chicken Biscuit
Sandwich
OR
Toast & Cereal
Raisels
Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
Western BBQ
Beef Sandwich
Onion Rings
Whole Kernel Corn
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

27 BREAKFAST
Mini Pancakes
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Cheese Enchiladas
w/ Mexican Rice
OR
Breaded Chicken
Sandwich
Ranch Beans
French Fries
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

28 BREAKFAST
Pull-Apart
Donut
OR
Toast & Cereal
Fruit Cup
Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
Chili Frito Pie
Whole
Kernel Corn
Tater Tots
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice



29 BREAKFAST
Mini Cinnis
OR
Toast & Cereal
Raisels, Fruit Juice

LUNCH
Chicken Tenders
OR
Chicken Fried Steak
Wheat Roll
OR
Yogurt Meal
Mashed Potatoes
w/Cream Gravy
California Blend
Fresh Veg. of the Day
Fruit Cup
Fruit Juice
Halloween Treat

30 BREAKFAST
Waffles w/
Strawberries/Cream
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Chicken Alfredo
w/ Garlic Toast
OR
Corn Dog
OR
Yogurt Meal
Smile Potatoes
Green Beans
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

31 BREAKFAST
*Sausage Roll &
String Cheese
OR
Toast & Cereal
Raisels, Fruit Juice

Early Release
LUNCH
Hamburger
Cheeseburger
OR
Grilled Cheese
Sandwich
Baked Chips
Baby Carrots
Fresh Vegetable
of the Day
Fruit Cup
Wiggles Fruit Juice Gels

*Contains Pork

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