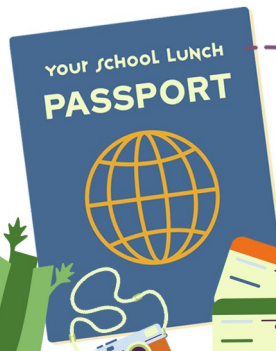


# october KEYS • AEP

NATIONAL School  
Lunch Week

October 13-17



**BREAKFAST:** Student \$2.25 • Adult: a la carte **LUNCH:** Student \$3.75 • Adult: \$5.75

**BREAKFAST:** Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p><b>29 BREAKFAST</b> Chocolate Filled Crescent <b>OR</b> Pop Tart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Chicken Alfredo Garlic Toast Steamed Broccoli Bahama Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>30 BREAKFAST</b> French Toast <b>OR</b> Pop Tart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Hamburger/Cheeseburger Corn on the Cob French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>1 BREAKFAST</b> Swirled Breakfast Roll <b>OR</b> Pop Tart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Chicken Tenders Wheat Roll Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p><b>2 BREAKFAST</b> *Sausage Rolls <b>OR</b> Pop Tart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Soft Beef Tacos Mexican Rice California Blend Refried Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>3 BREAKFAST</b> Filled Cinnamon Toast Crunch Bar <b>OR</b> Pop Tart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Pepperoni Pizza/Cheese Pizza Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
<p><b>6 BREAKFAST</b> Breakfast Pizza <b>OR</b> Pop Tart &amp; Cereal Raisels, Fruit Juice</p> <p><b>LUNCH</b> Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>7 BREAKFAST</b> Breakfast on a Stick <b>OR</b> Pop Tart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> State Fair Corn Dogs Corn on the Cob French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice <b>Fair Day Treat</b></p>	<p><b>8 BREAKFAST</b> Cinnamon Roll &amp; String Cheese <b>OR</b> Pop Tart &amp; Cereal Raisels, Fruit Juice</p> <p><b>LUNCH</b> Chicken Nuggets <b>OR</b> Steak Fingers Wheat Roll Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p><b>9 BREAKFAST</b> Mini Waffles <b>OR</b> Pop Tart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Beef Lasagna Wheat Roll Steamed Broccoli Peas/Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>10 BREAKFAST</b> Sausage &amp; Cheese Biscuit Sandwich <b>OR</b> Pop Tart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Pepperoni Pizza/Cheese Pizza Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>

\*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.



# october KEYS • AEP

NATIONAL school  
Lunch week

October 13-17



**BREAKFAST:** Student \$2.25 • Adult: a la carte

**LUNCH:** Student \$3.75 • Adult: \$5.75

**BREAKFAST:** Toast or Pop Tart & Cereal offered daily. Includes choice of milk.

**LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<div>join us for LUNCH</div> <div>NATIONAL school</div> <div>Lunch week</div> <div>October 13-17</div> <div></div>		<div>15 BREAKFAST</div> <div>French Toast</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels, Fruit Juice</div> <div>LUNCH</div> <div>Chicken Tenders</div> <div>OR</div> <div>Chicken Fried Steak Wheat Roll Mashed Potatoes w/Cream Gravy Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</div>	<div>16 BREAKFAST</div> <div>Bagel w/ Cream Cheese</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels Fruit Juice</div> <div>LUNCH</div> <div>Beef Taco Snack w/ Mexican Rice Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</div>	<div>17 BREAKFAST</div> <div>Cinnamon Crumb Loaf</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels Fruit Juice</div> <div>LUNCH</div> <div>Crispy Chicken Sandwich Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</div>
<div>20 BREAKFAST</div> <div>Mini Cinnis</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels, Fruit Juice</div> <div>LUNCH</div> <div>Sweet &amp; Sour Chicken w/ Chicken Egg Roll &amp; Seasoned Rice California Blend Bahama Blend Fresh Vegetable of the Day Fruit Cup, Fruit Juice</div>	<div>21 BREAKFAST</div> <div>Chicken Biscuit Sandwich</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels, Fruit Juice</div> <div>LUNCH</div> <div>Hamburger/ Cheeseburger Green Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</div>	<div>22 BREAKFAST</div> <div>Fruit Filled Frudel</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels, Fruit Juice</div> <div>LUNCH</div> <div>Chicken Nuggets</div> <div>OR</div> <div>Steak Fingers Wheat Roll Mashed Potatoes w/Cream Gravy Ranch Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</div>	<div>23 BREAKFAST</div> <div>Swirled Breakfast Roll</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels, Fruit Juice</div> <div>LUNCH</div> <div>Spaghetti w/ Meat Sauce Garlic Breadstick Steamed Broccoli Peas/Carrots Fresh Vegetable of the Day Fruit Cup, Fruit Juice</div>	<div>24 BREAKFAST</div> <div>Mini Waffles</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels Fruit Juice</div> <div>LUNCH</div> <div>Pepperoni Pizza/ Cheese Pizza Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</div>
<div>27 BREAKFAST</div> <div>Mini Pancakes</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels Fruit Juice</div> <div>LUNCH</div> <div>Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</div>	<div>28 BREAKFAST</div> <div>Cinnamon Roll &amp; String Cheese</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels Fruit Juice</div> <div>LUNCH</div> <div>Fiestada Pizza Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</div>	<div>29 BREAKFAST</div> <div>'Early Risers' Stuffed Hashbrown</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels, Fruit Juice</div> <div>LUNCH</div> <div>Chicken Tenders</div> <div>OR</div> <div>Chicken Fried Steak Wheat Roll Mashed Potatoes w/Cream Gravy Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</div> <div>Halloween Treat</div>	<div>30 BREAKFAST</div> <div>Breakfast Pizza</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels Fruit Juice</div> <div>Early Release LUNCH</div> <div>Crispy Chicken Sandwich Baked Chips Baby Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice</div>	<div>31 BREAKFAST</div> <div>*Sausage Rolls</div> <div>OR</div> <div>Pop Tart &amp; Cereal Raisels Fruit Juice</div> <div>Early Release LUNCH</div> <div>Hamburger Cheeseburger French Fries Baby Carrots Fresh Vegetable of the Day Fruit Cup</div> <div>Wiggles Frt Juice Gels</div>

\*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability