



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

SEPTEMBER 28, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

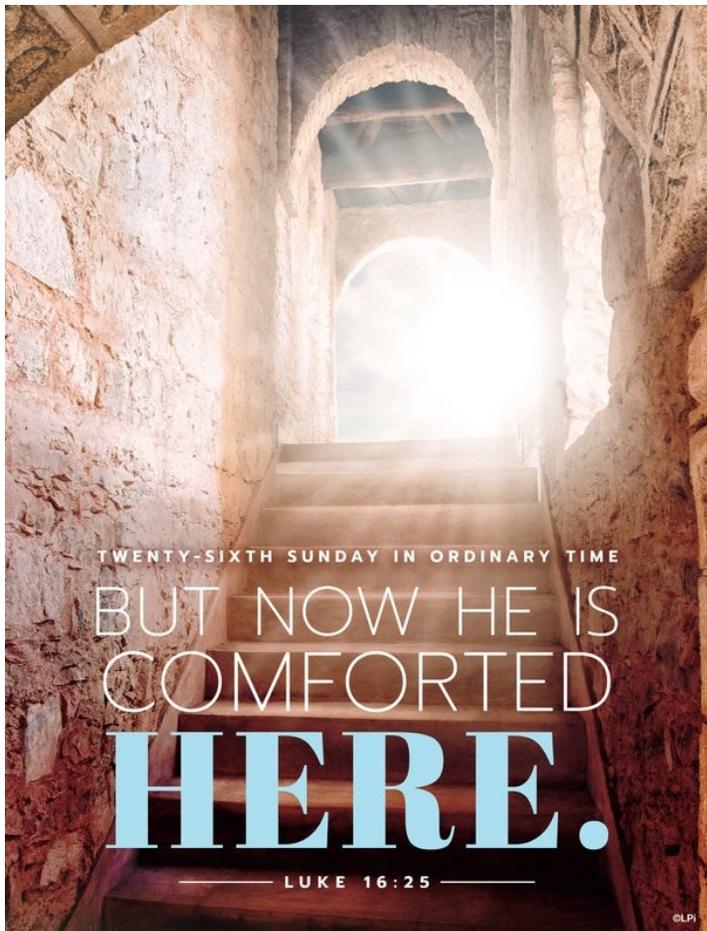
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
 is a welcoming Catholic community,
 which inspires faith in God,
 through prayer, sacraments, and service,
 while living Gospel values,
 as faithful followers of Jesus Christ.



TWENTY-SIXTH SUNDAY IN ORDINARY TIME

BUT NOW HE IS
 COMFORTED
HERE.

LUKE 16:25

PARISH CALENDAR

Sunday September 28

Twenty-Sixth Sunday in Ordinary Time

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
3:00 PM	<i>Divine Mercy Prayer Canceled</i>
5:00 PM	Mass

Monday September 29

Saints Michael, Gabriel, and Raphael, Archangels

8:15 AM	Rosary
8:45 AM	Mass
6:30 PM	OCIA Class
7:00 PM	Rosary Group

Tuesday September 30

Saint Jerome, Priest, Doctor of the Church

10:00 AM	Stitchers with Heart Group
6:00 PM	Bereavement Group

Wednesday October 1

Saint Therese of the Child Jesus, Virgin, Doctor of the Church

8:00 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass
5:30 PM	Emmaus Youth Ministry Kickoff at Tukwila Family Fun Center

Thursday October 2

The Holy Guardian Angels

8:15 AM	Rosary
8:45 AM	Mass with Anointing of the Sick
2:00 PM - 4:00 PM	<i>Eucharistic Adoration Canceled</i>

Friday October 3

Weekday

7:00 AM	First Friday of the Month Mass
8:15 AM	Rosary
8:45 AM	Mass
9:30 AM	First Friday Eucharistic Adoration

Saturday October 4

Saint Francis of Assisi

8:00 AM	Women's Group
8:00 AM	Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass followed by Ministry Fair
5:00 PM	SHS Class of 1975 - 50th Reunion

Sunday October 5

Twenty-Seventh Sunday in Ordinary Time

Ministry Fair after all Masses

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
5:00 PM	Mass

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith
Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
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Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data
& Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications
& Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental
Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

#60MINS4JESUS

Discover an hour of inspiration on how Jesus' teachings can guide our hearts through life.

Fr. Jim is a priest of the Diocese of Lexington, storyteller, and Papal Missionary of Mercy.

You'll laugh, you'll cry, you'll sing, you'll be inspired!



Sacred Heart Parish Mission
 Monday, October 27
 Tuesday, October 28
 Wednesday, October 29
 Each Night at 7:00 PM
 All Are Welcome!
 Sacred Heart Church, Bellevue
parish.sacredheart.org

FR. JIM SICHKO
frjims.com



Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



After a brief period of silence, with the congregation now seated, the lector approaches the ambo, the Altar of the Word, to proclaim the First Reading. The First Reading is usually taken from the Old Testament and is normally connected to the Gospel reading. The proclamation of the Old in union with the New reveals to us the great story of salvation. In the Old Testament we find the foreshadowing of what is fully realized in Christ. So, we listen to the God of all, past and present, as He continuously speaks to His people. Then with a sense of awe and wonder, the lector pronounces, "The Word of the Lord," to which we respond in gratitude, "Thanks be to God."



**Sacred Heart Parish
 Ministry Fair
 October 4th & 5th, 2025**

We invite you to join us in the Narthex after all Masses during the weekend of October 4th and 5th to learn more about our many parish ministries, and how you can become involved. Please consider a gift of your time to volunteer, share your talents and journey together in faith and fellowship with our Sacred Heart community.

"God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another" - 1 Peter 4:10-11

**PARISH STEWARDSHIP OF
 TALENT.**

**YOUR TALENT IS GOD'S GIFT TO YOU.
 HOW WILL YOU USE IT FOR HIM?**

**2025
 Altar Server
 Training**

Calling all altar servers!!

Open to all youth in 4th grade and up, altar serving is a beautiful way to learn more about the liturgy, grow in love for the Eucharist, and serve both God and His people. As an altar server, you take on the responsibility of serving the priest and directing the congregation in worship.

Scan QR code for more information

Training is for ALL returning and new servers

pkwan@sacredheart.org Church Nave

ADMINISTRATION & STEWARDSHIP

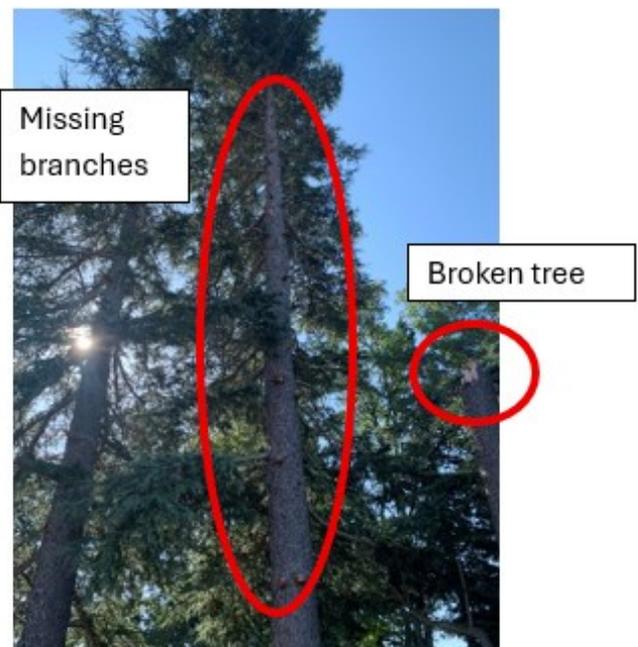
We want to inform our Sacred Heart community about an important tree removal project scheduled for early October. Three mature Deodar Cedar trees—each over 50 feet tall—are located at the southwest corner of the Parish Offices, just 10 to 15 feet from the building. While these trees have long been a familiar part of our landscape, recent events have required us to carefully review their safety.

In February 2025, a windstorm broke off the top of one tree, which landed on the roof of the Parish Offices. Fortunately, no one was injured, and the damage was minor, but this incident raised concerns about the safety of the remaining trees.

The remaining trees could pose a risk to the Parish Offices and visitors, especially since the adjacent tree was damaged, losing a significant number of large branches when the first one fell. After consulting with the City of Clyde Hill, we decided to remove the trees to keep everyone safe and prevent future issues.



February 2025



September 2025

PARISH STEWARDSHIP OF
TALENT.

YOUR TALENT IS GOD'S GIFT TO YOU.
HOW WILL YOU USE IT FOR HIM?

As faithful stewards, we are called to reflect on the unique gifts and talents that God has given us and how we can use them to serve others as disciples of Jesus Christ. As we begin our Stewardship of Talent Renewal, we invite all parishioners to prayerfully consider how you might share your time and talents to support the mission of our Church. Next weekend, after all Masses, we will host a Ministry Fair where you can explore various ministry opportunities at Sacred Heart and sign up. We encourage you to consider participating in one ministry for one year. We are grateful for our Sacred Heart community in sharing their God-given talents as disciples of Jesus Christ.

Be sure to stop by the Ministry Fair after Masses on the weekend of October 4th and 5th.

WEEKLY READINGS

Sunday 9/28

Amos 6:1a,4-7
Psalm 146:7-10
1 Timothy 6:11-16
Luke 16:19-31

Monday 9/29

Daniel 7:9-10,13-14
Psalm 138:1-5
John 1:47-51

Tuesday 9/30

Zechariah 8:20-23
Psalm 87:1b-7
Luke 9:51-56

Wednesday 10/1

Nehemiah 2:1-8
Psalm 137:1-6
Luke 9:57-62

Thursday 10/2

Nehemiah 8:1-4a,5-6,7b-12
Psalm 19:8-11
Matthew 18:1-5,10

Friday 10/3

Baruch 1:15-22
Psalm 79:1b-5,8-9
Luke 10:13-16

Saturday 10/4

Baruch 4:5-12,27-29
Psalm 69:33-37
Luke 10:17-24

Sunday 10/5

Habakkuk 1:2-3;2:2-4
Psalm 95:1-2,6-9
2 Timothy 1:6-8,13-14
Luke 17:5-10

MASS INTENTIONS

Sunday 9/28

9:00 AM Mass:
RIP RICARDO TERRAZAS LUNA
by the Terrazas Ortega Family

11:00 AM Mass:
INT PARISHIONER PRIVATE INTENTION
5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 9/29

RIP SAMUEL ALEXANDER LYNCH by Patricia Allen

Wednesday 10/1

RIP PARISHIONER PRIVATE INTENTION

Thursday 10/2

INT KELLY IRISH by Marian Middleton

Friday 10/3

RIP LIBORIO LLACER by Mary Jane Lacist

Saturday 10/4

INT THE PARISHIONERS OF SACRED HEART

Sunday 10/5

9:00 AM Mass: INT GEMMA THIELGES
by Marian Middleton
11:00 AM Mass:
RIP FRANCISCO ZANIC by the Zanic Family
5:00 PM Mass: PRIEST PRIVATE INTENTION

POPE'S PRAYER INTENTION - SEPTEMBER

FOR OUR RELATIONSHIP WITH ALL OF CREATION

Let us pray that, inspired by Saint Francis,
we might experience our interdependence
with all creatures who are loved by God
and worthy of love and respect.

PLEASE PRAY FOR:

The Sick

Pray for the sick of
Sacred Heart & St. Monica Parish Family

The Deceased

Pray for the deceased of
Sacred Heart & St. Monica Parish Family

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

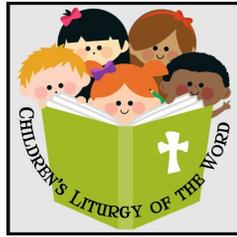
Eucharistic Adoration is canceled while Fr. Joseph is visiting family in Nigeria. Adoration is canceled from Thursday, August 28th, through Thursday, October 9th. It will resume on Thursday, October 16th. Additionally, First Friday Eucharistic Adoration, will resume on Friday, October 3rd.



EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Sunday School this Sunday
September 28th, 2025
Grades K—5th, 12:30 to 1:30 PM

Scan the QR code for registration or visit sacredheart.org/Parish/

Join us for Children's Liturgy of the Word at the 11:00 AM Mass



SACRED HEART SCHOOL

Open House
Pre-K through 8th Grade

THURSDAY
NOVEMBER 6, 2025
6:00-7:30PM



REGISTER
ONLINE TODAY!

school.sacredheart.org

EMMAUS YOUTH MINISTRY KICKOFF Middle and High School

WHEN

WEDNESDAY OCT 1ST
5:30pm - 8:30pm

WHERE

FAMILY FUN CENTER
(RIDES AVAILABLE,
DRIVERS NEEDED!)

WHAT

FOOD, GAMES, AND FUN TO
KICKOFF OUR YEAR OF YOUTH MINISTRY

SCAN QR CODE
FOR MORE INFO
& REGISTRATION!



Please contact Sharon for FAQs
at sphillips@sacredheart.org

Register Now - Infant Baptism Class Saturday, October 18th



Registration is now open for the upcoming infant Baptism preparation class on Saturday, October 18th, from 10:00 AM - 12:00 PM in the Parish Hall. The class provides Baptism preparation for newborn infants to six years old. Email sacraments@sacredheart.org to register for the upcoming class.

Middle & High Schoolers!



ST. MONICA
EMMAUS &
CONFIRMATION



SACRED HEART
CONFIRMATION



SACRED HEART
EMMAUS

Registration
closes October 5th!



Volunteer - Emmaus Youth Ministry!

Our Emmaus Youth Ministry and Confirmation team needs volunteers! Scan the QR code to learn more.



COMMUNITY OUTREACH—COMMUNITY EVENTS



Groceries for Families Program

Join the Sacred Heart community to help with groceries for the GFF Program. Over 200 bags are needed every week! Scan the QR code to sign up!

When delivering to Jubilee Reach, please make sure to write "SHC" on your bag. Thank you for supporting these families in our local community!

The shopping list for a grocery bag donation remains the same each week, except for the hygiene item. A complete full bag is greatly appreciated!

Grocery List

- Chips, 1 bag 7-12 oz.
- Bread, 1 loaf (white/wheat)
- Chocolate, 1-3 bars, no nuts-
- Cereal, 1 box
- Flour tortillas, 10 pack
- Corn tortillas, 20-30 pack
- Toilet paper, 2 rolls, wrapped in a plastic bag
- Milk, 1 gallon of whole or 2%
- Hygiene: 2 toothpaste



Rachel's Corner

Project Rachel Post Abortion Healing Retreats

"You whom I have taken from the ends of the earth and summoned from far off places, To whom I have said, You are my servant; I choose you. I do not reject you. Do not fear: I am with you, I will uphold you with my victorious right hand." *Isaiah 41:9-10*

Have you wondered far from Jesus because of the regret from a past abortion? No matter how far you have wondered, He seeks you wanting to heal your wounds. Join us for our next Project Rachel Healing retreat to experience the transformational healing of our all powerful, all loving, all forgiving Jesus Christ!

English Retreat -October 10- October 12, 2025

Spanish Retreat -October 31- November 2, 2025

English Retreat - March 6 - March 8, 2026

To leave a confidential message please call:

English: (206) 920-6413, Spanish: (206)-450-7814

Email projectrachel@ccsww.org. Visit us at

www.ccsww.org/projectrachel or www.facebook.com/projectrachelww.

Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!



BUNDLE SUNDAY STUFF THE TRUCK

**Donation Drive at Sacred Heart Parish
for St. Vincent de Paul of Seattle | King County**

Donating to St. Vincent de Paul of Seattle | King County is easy and convenient at **Sacred Heart Catholic Church**

SAVE THE DATE:

Location: 9460 NE 14th St, Clyde Hill, Bellevue, WA, 98004 (Lower Parking Lot)

Date: **October 19, 2025**

Time: 9:00 AM to 12:00 PM

Your donations will be collected and sold at one of our SVdP Thrift Stores, providing financial support for our various programs dedicated to helping neighbors gain stability and self-sufficiency!

To view a list of items that we accept and

DO NOT accept, please visit:

<https://svdpseattle.org/thriftstore>



Donate Today, Visit:
svdpseattle.org/donate

St. Vincent de Paul of Seattle | King County thanks you for your generous financial support!



KNIGHTS OF COLUMBUS

Want to join the Knights of Columbus and be part of the brotherhood?

- Volunteer Services
- Charitable Donations
- Church Support
- Support for Vocations
- Scholarships

We support many activities for the Sacred Heart School, provide financial assistance for Seminarians who are studying for the Priesthood, and we assist our parish in feeding the homeless.

The Knights of Columbus is not just a fraternity in name. It is a brotherhood of Catholic men who each play a part in improving the world around them, one community at a time. They stand together in faith, dedicated to uphold the principles they cherish while lending their support and strength to parish, home and fellow Knight.

From charity for worldwide causes, to helping closer to home with volunteer activities, to a top-rated insurance program that protects those closest to you, the Knights makes the most of its brotherhood.

Make a stand among them, and you can discover how easy it is to make a difference in your life and that of others.

Want to join? Ask a Knight for Details.

TEAM SKALLY IS YOUR SACRED HEART HOME TEAM

"Matt & Christina are highly professional, take ownership of the complicated process and remember the stress and emotions that run high during the sale of a beloved home. They are highly skilled and infinitely kind. They got me top dollar in volatile market conditions!"

- Julie Nelson



Parishoners Matt & Christina with Client Julie



Matt
206-661-8624

Christina
612-987-0755



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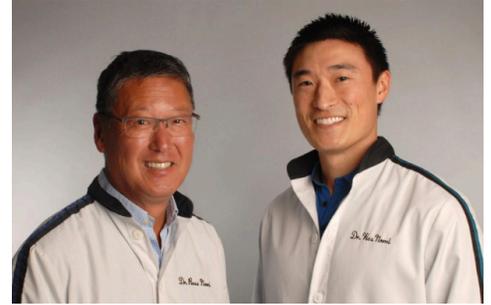
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Bellevue
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adhering to the Golden Rule.*

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Parish/publications
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