

RCW October Lunch Menu K -12th Grade

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar.

October
2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| 29 | 30 | 1 Chicken Bacon Ranch Melt Deli Sandwich Craving Chicken Salad 2nd Hot Option HS Only Pizza Quesadilla French Fries Fruit Selection Variety of Veggies Choice of Milk | 2 Chef Tony Arrives Cheeseburger Craving Chicken Salad Cowboy Munchable 2nd Hot Option HS Only Chicken Tender w/ Dinner Roll Baked Beans Fruit Selection Variety of Veggies Choice of Milk | 3 Chef Tony's Meal Sticky Sesame Pork Craving Chicken Salad Deli Sandwich Seasoned Broccoli Fruit Selection Variety of Veggies Choice of Milk |
| 6 Crispy Chicken Nuggets Dinner Roll Deli Sandwich Chef Salad 2nd Hot Option HS Only Cheeseburger Mashed Potatoes w/ gravy Variety of Veggies Fruit Selection Choice of Milk | 7 Hot Dog Brunchable Munchable Chef Salad 2nd Hot Option HS Only Cheeseburger French Fries Fruit Selection Variety of Veggies Choice of Milk | 8 LTO Tasting- Italian Grinder Chicken Potstickers Chicken Fried Rice Deli Sandwich Chef Salad 2nd Hot Option HS Only Pizza Quesadilla Carrots Fruit Selection Variety of Veggies Choice of Milk | 9 Chicken & Cheese Quesadilla Brunchable Munchable Chef Salad 2nd Hot Option HS Only Chicken Tenders w/ Dinner Roll Refried Beans Fruit Selection Variety of Veggies Choice of Milk | 10 Hearty Beef Chili Cornbread Bowl Deli Sandwich Chef Salad Green Beans Variety of Veggies Fruit Selection Choice of Milk |
| 13 HOM Vanilla Max Sticks w/ Marinara Deli Sandwich Southwest Chicken Salad 2nd Hot Option HS Only Cheeseburger Peas Salad Greens w/ Vanilla Variety of Veggies Fruit Selection Choice of Milk | 14 Dutch Waffle w/ Fruit Topping Easy Egg Bake Deli Sandwich Southwest Chicken Salad 2nd Hot Option HS Only Chicken Patty Sandwich Tater Tots Variety of Veggies Fruit Selection Choice of Milk | 15 NO SCHOOL | 16 NO SCHOOL | 17 NO SCHOOL |
| 20 Corn Dog Deli Sandwich Korean Dumpling Salad 2nd Hot Option HS Only Cheeseburger Baked Beans Variety of Veggies Fruit Selection Choice of Milk | 21 Orange Chicken Brown Rice Ham Munchable Korean Dumpling Salad 2nd Hot Option HS Only Chicken Patty Sandwich Roasted Broccoli Fruit Selection Variety of Veggies Choice of Milk | 22 Taco-in-a-Bag Cookie Deli Sandwich Korean Dumpling Salad 2nd Hot Option HS Only Pizza Quesadilla Corn Variety of Veggies Fruit Selection Choice of Milk | 23 HOM- Butternut Squash Alfredo Flatbread Ham Munchable Korean Dumpling Salad 2nd Hot Option HS Only Chicken Tenders w/ dinner roll 3 Sisters Succotash French Fries Fruit Selection Variety of Veggies Choice of Milk | 24 NO SCHOOL |
| 27 BBQ Rib Sandwich Deli Sandwich Chicken Caesar Salad 2nd Hot Option HS Only Cheeseburger Potato Wedges Fruit Selection Variety of Veggies Choice of Milk | 28 Chicken Nachos Yogurt Pak Chicken Caesar Salad 2nd Hot Option HS Only Chicken Patty Sandwich Refried Beans Fruit Selection Variety of Veggies Choice of Milk | 29 Grilled Cheese Sandwich Cheddar Sun Chips Deli Sandwich Craving Chicken Salad 2nd Hot Option HS Only Pizza Quesadilla Tomato Soup Variety of Veggies Fruit Selection Choice of Milk | 30 Chicken Alfredo Garlic Breadstick Yogurt Pak Chicken Caesar Salad 2nd Hot Option HS Only Chicken Tenders w/ Dinner Roll Garlic & Herb Broccoli Fruit Selection Variety of Veggies Choice of Milk | 31 HOM- Cranberry Pepperoni Pizza Deli Sandwich Chicken Caesar Salad Cali Blend Cranberry Pear Salad Fruit Selection Variety of Veggies Choice of Milk |

PRICES

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|---------------|--------|
| Student lunch | FREE |
| Salads Only | \$3.50 |
| Adult Lunch | \$5.25 |
| Extra Entrée | \$3.00 |
| Extra Milk | \$5.50 |

EXTRA INFO

Milk choice of 1% White Milk or Fat Free
Chocolate Skim Milk is Included with Lunch.
Entree Salads are served with a Dinner Roll.
For Questions or Comments, Contact Kimberly
Garza at 320-329-8368 x 1027 or email
RenvilleCityWFSD@Taher.com

HARVEST OF



THE MONTH

Menus and nutrition
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