



International Leadership of Texas

Child Nutrition Department

Competitive Food Waiver Form

The Healthy Hunger-Free Kids Act of 2010 directed the United States Department of Agriculture (USDA) to establish the Competitive Food Nutrition Standard guidance. All food/beverages sold and served to students during the school day must follow the Competitive Food Nutrition Standards. (Food/beverages sold at after-school sporting events or other activities will not be subject to these requirements.)

Exempt Fundraisers

Exempt food/beverages may be sold anywhere on the campus except during meal service times and in areas where school meals are served and consumed. The Texas Department of Agriculture has given Charter Schools six exempt fundraiser days per school year, per campus allowing them to sell food and/or beverages that do not meet the Competitive Food Nutrition Standards. If food/beverages are sold to students that do not meet the Competitive Food Nutrition Standards, a completed waiver must be emailed to childnutrition@iltexas.org. For waiver approval, the campus must adhere to the following criteria:

1. Must apply for the waiver three weeks before the day of the fundraiser/event
2. Only six exempt fundraiser days per school year, per campus
3. Submit one waiver for each event
4. The waiver cannot be applied to vending machine sales
5. Competitive food may not be sold during meal service. For example, if ILTexas meal service is from 10:03 am to 1:54 pm the competitive food and/or beverage cannot be sold from 10:03 am to 1:54 pm
6. Must comply with the ILTexas local school wellness policy

For additional information and guidelines on the specific nutrition standards for competitive foods, please see: [Competitive Foods Section 22 ARM](#).

The Child Nutrition Department is pleased to assist you with any inquiries regarding the Competitive Food Waiver Form. Please feel free to email your question(s) to childnutrition@iltexas.org.



International Leadership of Texas Child Nutrition Department Competitive Food Waiver Form

Complete and submit the Competitive Food Waiver Form three weeks before the day of the event.

- **Campus Selection:** Select the school from the drop-down
- **Grade Levels Involved:** Specify the grade level of the participants
- **Event Title:** Clearly state the name of the event or competition. Be concise and accurate
- **Event Date:** Select the date
- **Event Description:** Provide a brief description of the food-related activity or event. Within the descriptions provide the time of the event. If there are specific food items involved (e.g., hot dogs, ice cream), mention them in the description
- **Principal Authorization:** The principal must authorize the form with a signature.

Please email the completed form to childnutrition@iltexas.org.

Campus: Select a Campus
ILTexas Garland K-8

Grade(s): _____

Event: _____

Time: Start Time: _____ End Time: _____

Date: _____

Description:

PRINCIPAL AUTHORIZATION

☐ APPROVED

☐ DENIED

Reason: _____

Principal Printed Name: _____

Principal Signature: _____ Date: _____

CHILD NUTRITION DEPARTMENT USE ONLY

☐ APPROVED

☐ DENIED

Reason: _____

Exec. Director Printed Name: _____

Exec. Director Signature: _____ Date: _____