

+Prices 2025-2026
Student Lunch \$2.90
Adult Lunch \$5.00
Reduced Lunch FREE

OCTOBER

GHMS LUNCH 2025

Prepared by CVSD (717)556-0025

BUCKSKIN BAG
 #1 Yogurt, Mini Muffin, Peanut Butter, Grahams
 #2 WG Mini Pretzels, String Cheese, Cornbread, Pizza Hummus

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Teriyaki Dippers / Fried Rice or Buckskin Bag #1 or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Broccoli Grape Tomatoes w/ Ranch Pineapples / Fresh Fruit	2 Deep Dish Personal Pizza or Turkey & Cheese on WG Bread or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Carrots Cucumber w/ Ranch Apple Sauce / Fresh Fruit Milk	3 Walking Taco or Turkey & Cheese on WG Bread or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Corn Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk
6 Meatballs /Sauce / Bosco Stick / Fritos or Ham & Cheese on WG Roll or PBJ or Salad / Chicken / Goldfish / WG Roll Scalloped Potatoes Mini Salad w/ Ranch Peaches/ Fresh Fruit Milk	7 Mini Pancakes w/ Sausage Links or Ham & Cheese on WG Roll or PBJ or Salad / Chicken / Goldfish / WG Roll Hash Brown / 100 Fruit Juice Celery w/ Ranch Cinnamon Apples Fresh Fruit Milk	8 Cheese Crunchers / Sauce / Snack Bag or Buckskin Bag #2 or PBJ or Salad / Chicken / Goldfish / WG Roll Steamed Peas Baby Carrots w/ Ranch Pineapples / Fresh Fruit Milk	9 Burrito (Beef or Bean with Cheddar) Ham & Cheese on WG or PBJ or Salad / Chicken / Goldfish / WG Roll BBQ Baked Beans Grape Tomatoes w/ Ranch Pears / Fresh Fruit Milk	10 EARLY DISMISSAL French Bread Pizza or PBJ Steamed Green Beans Broccoli Florets w/ Ranch Apple Sauce / Fresh fruit Milk
13 NO SCHOOL	14 Breaded Chicken Filet on WG Roll or Buffalo Chicken Pizza or PBJ or NO SALAD TODAY Steamed Carrots Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	15 Jumbo Hotdog on WG / Mac & Cheese or Breaded Fish Filet or PBJ or Garden Salad / Cheez Its / WG Roll Baked Beans / Sauerkraut Cucumbers w/ Ranch Mixed Fruit / Fresh Fruit Milk	16 Taco Tot Bowl or Warmed Italian Meat on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Corn Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk	17 Cheese Pizza Slice or Buckskin Bag #1 or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Broccoli Grape Tomatoes / Ranch Pineapples / Fresh Fruit Milk
20 Cheesy Pull-Apart or Cheese Crunchers / Dipping Sauce or Ham & Cheese on WG or PBJ or Salad / Chicken / Goldfish / WG Tomato Soup / Goldfish Crackers Mini Salad w/ Ranch Peaches / Fresh Fruits Milk	21 Teriyaki Meatballs / Rice Warmed Ham & Cheese on WG or PBJ or Salad / Chicken / Goldfish / WG Roll BBQ Baked Beans Celery w/ Ranch Apple Sauce / Fresh Fruits Milk	22 Pizza Stix / Dipping Sauce or Buckskin Bag #2 or PBJ or Salad / Chicken / Goldfish / WG Roll Steamed Carrots Broccoli Florets w/ Ranch Jell-O Cups / Fresh Fruit Milk	23 NO SCHOOL	24 NO SCHOOL
27 Chicken Tenders / Snack Bag or Pepperoni Deep Dish Pizza or Turkey & Cheese on WG or PBJ NO SALAD TODAY Baked Beans Grape Tomatoes w/ Ranch Peaches / Fresh Fruit Milk	28 Pasta Rotini / Meat Sauce / Texas Toast or Warmed Italian Meat on WG or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Mixed Vegetables Cucumbers w/ Ranch Mixed Fruit / Fresh Fruit Milk	29 Teriyaki Dippers / Fried Rice or Turkey Bacon Melt on WG or Buckskin Bag #1 or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Broccoli Baby Carrots w/ Ranch Pineapples / Fresh Fruit	30 Walking Taco or Turkey & Cheese on WG Bread or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Corn Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk	31 EARLY DISMISSAL Deep Dish Personal Pizza or PBJ Steamed Green Beans Broccoli Florets w/ Ranch Apple Sauce / Fresh Fruit Milk

LUNCH SELECTION CHOICE INCLUDES:

- HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
 - COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
 - BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- FAT FREE MILK SERVED DAILY**

MENU SUBJECT TO CHANGE

Garden Salad w/ Cheese (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds Cheddar)
 Garden Salad w/ Turkey, Bacon (Greens, Tomato, Cucumber, Carrot, Cheddar, Turkey, Bacon)
 Garden Salad w/ Grilled Chicken (Greens, Tomato, Cucumber, Carrot, Cheddar, Chicken)
 Cobb Salad (Greens, Tomato, Cucumber, Carrots, Pepper, Cheddar, Egg, Bacon, Chicken)

