



SCUPPERNONGS

DID YOU KNOW?

- Scuppernongs are oblong to round in shape, averaging 2-4 centimeters in diameter and grow in loose clusters.
- Scuppernongs range in color from pale green, bronze, to gold and there may be some speckling or spots across the smooth skin.
- Scuppernongs are sweet! The translucent green flesh is soft, juicy, and contains 1-5 large seeds.
- Scuppernongs contain vitamins B and C, potassium, and a high amount of fiber.

FUN FACT!

Scuppernongs were discovered along the banks of the Scuppernong River in North Carolina.



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