

SEPTEMBER 2025

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9-12 Hot Lunch Menu



CFI

CENTERS FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Labor Day CFI Closed	2 NEW! WG Chicken Tenders Signature Sauce Baby Carrots Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	3 WG Italian Cheesy Pull-Aparts Marinara Dipping Sauce Fresh Garden Salad Blend w/ Ranch Dressing Packet Seasonal Fruit & 100% Juice Choice of Milk	4 NEW! Sweet & Sour Beef Meatballs WG Brown Rice Fresh Broccoli Bites Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	5 <u>Build your Own Sandwich!</u> Turkey Deli Meat WI Provolone Cheese Slice NEW! WG Croissant Mayo Packet Roasted Baby Baker Potatoes Seasonal Fruit & 100% Juice Choice of Milk
8 WG Beef Pepperoni Calzone Celery Sticks w/ Ranch Packet WG Pretzel Goldfish Seasonal Fruit & 100% Juice Choice of Milk	9 Teriyaki Chicken WG Brown Rice Fresh Broccoli Bites Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	10 WG Chicken Nuggets (7) BBQ or Hot Sauce Packet Sweet Corn Kernels Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	11 Beef Gordita Supreme w/ Cheese WG Flatbread Taco Sauce Packet Shredded Lettuce and Sour Cream Fiesta Black Beans (1 cup) Seasonal Fruit & 100% Juice Choice of Milk	12 Kickin' Chicken Alfredo Twirly Pasta Baby Carrots WG Artisan Dinner Roll Seasonal Fruit & 100% Juice Choice of Milk
15 WG Chicken Corn Dog Ketchup Packet Vegetarian Baked Beans Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	16 <u>WI Harvest of the Month- Broccoli</u> Beef Meatball Sub w/ Marinara & Mozzarella Cheese NEW! WG Sub Bun Fresh Broccoli Bites Seasonal Fruit & 100% Juice Choice of Milk	17 NEW! Chicken Tikka Masala WG Brown Rice WG Flatbread Baby Carrots Seasonal Fruit & 100% Juice Choice of Milk	18 <u>National Cheeseburger Day!</u> Beef Hamburger Patty Cheddar Cheese Slice WG Hamburger Bun Ketchup & Mustard Packet Oven Roasted Potatoes Seasonal Fruit & 100% Juice Choice of Milk	19 <u>DOMINOS PIZZA DAY-</u> Dominos Cheese Pizza Slice Sliced Cucumbers WG Cheddar Mickey Goldfish Seasonal Whole Fruit & 100% Juice Choice of Milk
22 WG Popcorn Chicken (10) BBQ or Hot Sauce Packet Fresh Garden Salad Blend w/ Italian Dressing Packet NEW! WG Chocolate Belly Bears Crackers Seasonal Fruit & 100% Juice Choice of Milk	23 <u>Chicken Burrito Bowl</u> Chicken Fajita Strips w/ Cheese NEW! WG Mexican Rice & Black Beans Shredded Lettuce & Sour Cream Taco Sauce Packet WG Churro Crackers Seasonal Fruit & 100% Juice Choice of Milk	24 WG Cheese Pizza Sticks (3) Marinara Dipping Sauce Fresh Broccoli Bites Seasonal Fruit & 100% Juice Choice of Milk	25 Hearty Beef & Bean Chili w/ Cheese (OR Kid's Classic- WG Chicken Nuggets) Sweet Corn Kernels WG Cornbread w/ Honey WG Cheddar Goldfish Seasonal Fruit & 100% Juice Choice of Milk	26 NEW! WG Breaded Chicken Drumstick BBQ or Hot Sauce Packet Fresh or Steamed Carrots WG Buttermilk Biscuit w/ Grape Jelly Seasonal Fruit & 100% Juice Choice of Milk
29 WG Chicken and Green Chile Quesadilla Taco Sauce Packet Ranchero Pinto Beans Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	30 BBQ Beef Meatballs (3) Macaroni & Cheese Fresh Broccoli Bites WG Pretzel Breadstick Seasonal Fruit & 100% Juice Choice of Milk			MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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