## OCTOBER 2025

JMMS/JMHS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
29	30	1 Jab's Pizza Fresh Salad Baby Carrots & Dip Cheez-It Crackers Choice of Fruit	Cheeseburger Waffle Fries Baked Beans Choice of Fruit	Mac & Cheese Broccoli Fruitable Chocolate Crackers Choice of Fruit	Breakfast - \$1.60 Reduced30 Lunch - \$3.35 Reduced40
6 Pepperoni Calzone Marinara Sauce Cup Steamed Carrots Choice of Fruit	7 Loaded Nachos with Beef & Cheese Corn Spanish Rice Choice of Fruit	<sup>8</sup> Papa John's Pizza Fresh Salad Celery & PB Goldfish Crackers Choice of Fruit	9 Chicken Wrap Crispy Fries Peas Choice of Fruit	NEOEA Day No Classes	Milk50 (served with every meal) <u>Daily Substitutions</u> : A La Carte Item
Pancakes & Sausage Hash Browns Yogurt Cup Choice of Fruit	14 Spaghetti & Meatballs Green Beans Garlic Breadstick Choice of Fruit	15 Pizza Hut Fresh Salad Baby Carrots & Dip Heartzels Choice of Fruit	16 Chicken Sandwich Cheesy Potatoes Fresh Peas Choice of Fruit	17 BBQ Rib Sandwich Baked Beans Curly Fries Choice of Fruit	PB&J Salad with Pretzels <u>Soup &amp; Salad Bar</u> : Served every Tuesday & Wednesday
20rispy Drumsticks Mashed Potatoes Gravy Corn Choice of Fruit	21 Grilled Cheese on a Pretzel Bun Tomato Soup Green Beans Choice of Fruit	22 Gionino's Pizza Fresh Salad Fruitable Chocolate Cookie Choice of Fruit	23 Meatball Sub with Mozzarella Steamed Carrots Crispy Fries Choice of Fruit	24 Mac & Cheese Broccoli Fruitable Goldfish Graham Choice of Fruit	
27 Cheese Max Sticks Marinara Sauce Cup Sweet Corn Choice of Fruit	28 Sweet & Sour Chicken Fried Rice Broccoli Choice of Fruit	<sup>2</sup> Papa John's Pizza Fresh Salad Celery & PB Scooby Grahams Choice of Fruit	Cheeseburger Waffle Fries Baked Beans Choice of Fruit	Chicken Nuggets Crispy Fries Green Beans Choice of Fruit	"USDA is an equal opportunity provider, employer and lender."  *Menu subject to change*