

OCTOBER | 2025



JMMS/JMHS BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Sausage Gravy and Biscuit Fruit or Juice Milk	2 Breakfast Sandwich Sausage, Egg, Cheese Fruit or Juice Milk	3 Snack'n Waffles <i>Blueberry or Cinnamon</i> Fruit or Juice Milk
6 Blueberry Muffins Fruit or Juice Milk	7 Mini Pancakes <i>Confetti or Maple</i> Fruit or Juice Milk	8 Sausage Gravy and Biscuit Fruit or Juice Milk	9 Breakfast Sandwich Bacon, Egg, Cheese Fruit or Juice Milk	10 NEOEA Day No Classes
13 Cookie Dough Muffins Fruit or Juice Milk	14 Frudel <i>Cherry or Apple</i> Fruit or Juice Milk	15 Sausage Gravy and Biscuit Fruit or Juice Milk	16 Breakfast Sandwich Sausage, Egg, Cheese Fruit or Juice Milk	17 Breakfast Pizza Fruit or Juice Milk
20 Double Chocolate Muffins Fruit or Juice Milk	21 Sausage Links & Hash Browns Fruit or Juice Milk	22 Sausage Gravy and Biscuit Fruit or Juice Milk	23 Breakfast Sandwich Bacon, Egg, Cheese Fruit or Juice Milk	24 Cinnamon Rolls Fruit or Juice Milk
27 Chocolate Chip Muffins Fruit or Juice Milk	28 Snack'n Waffles <i>Blueberry or Cinnamon</i> Fruit or Juice Milk	29 Sausage Gravy and Biscuit Fruit or Juice Milk	30 Breakfast Sandwich Sausage, Egg, Cheese Fruit or Juice Milk	31 Breakfast Pizza Fruit or Juice Milk

Breakfast - \$1.60
Reduced - .30

Lunch - \$3.35
Reduced - .40

Milk - .50
(served with every meal)

Breakfast
Substitutions
Are Available Daily

"USDA is an equal
opportunity provider,
employer and lender."

Menu subject to change