October 2025

Mon	Tue	Wed	Thu	Fri
		1 Turkey Sandwich (lettuce, cheddar) – mayo/mustard on side, raw seasonal vegetables Cheese Sandwich (lettuce, cheddar tomato) – mayo/mustard on side, raw seasonal vegetables	2 Alfredo pasta with chicken and broccoli Alfredo pasta with broccoli	3 Chicken Caesar Salad Caesar Salad
6 Teriyaki chicken with steamed brown rice and broccoli Teriyaki tofu with steamed brown rice and broccoli	7 Beef enchiladas with rice and beans, raw carrots Beyond meat enchiladas with rice and beans, raw carrots	8 Turkey Sandwich (lettuce, cheddar) – mayo/mustard on side, raw seasonal vegetables Cheese Sandwich (lettuce, cheddar tomato) – mayo/mustard on side, raw seasonal vegetables	9 Marinara pasta with meat sauce and seasonal vegetable Marinara pasta with plain sauce and seasonal vegetable	10 Sloppy joes with roasted potatoes Beyond Sloppy joes with roasted potatoes
13 Orange chicken/ with veggie fried rice Orange Tofu/ with veggie fried rice	14 Bean & cheese burrito with rice on the side, seasonal vegetable Chicken Burrito (chicken, beans & cheese) with rice on the side,seasonal vegetables	15 Turkey Sandwich (lettuce, cheddar) – mayo/mustard on side, raw seasonal vegetables Cheese Sandwich (lettuce, cheddar tomato) – mayo/mustard on side, raw seasonal vegetables	16 Vegetarian pesto pasta with broccoli Chicken pesto pasta with broccoli	17 Hamburger with roasted potatoes Veggie Burger with roasted potatoes
20 BBQ Chicken with mashed potatoes and raw carrots BBQ Tofu with Dashed Potatoes and raw carrots	21 Ground Beef Tacos with rice & beans, raw carrots Beyond Meat tacos w/ rice & beans, raw carrots	22 Turkey Sandwich (lettuce, cheddar) – mayo/mustard on side, raw seasonal vegetables Cheese Sandwich (lettuce, cheddar tomato) – mayo/mustard on side, raw seasonal vegetables	23 Alfredo pasta with chicken and broccoli Alfredo pasta with broccoli	24 Chicken Caesar Salad Caesar Salad
27 Teriyaki chicken with steamed brown rice and broccoli Teriyaki tofu with steamed brown rice and broccoli	28 Beef enchiladas with rice and beans, raw carrots Beyond meat enchiladas with rice and beans, raw carrots	29 Turkey Sandwich (lettuce, cheddar) – mayo/mustard on side, raw seasonal vegetables Cheese Sandwich (lettuce, cheddar tomato) – mayo/mustard on side, raw seasonal vegetables	30 Marinara pasta with meat sauce and seasonal vegetable Marinara pasta with plain sauce and seasonal vegetable	31 Sloppy joes with roasted potatoes Beyond Sloppy joes with roasted potatoes

Weekly Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bagel with cream cheese	Sunbutter & Jelly	Bagel with cream cheese	Banana Bread with fruit	Bagel with cream cheese

ORGANIC Dee's™ CATERING