
August 2025

Dear Parents and Guardians,

We are delighted to inform you that students at Friendship Elementary School have been awarded a grant to take part in the U.S. Department of Agriculture's (USDA) Fresh Fruit and Vegetable Program (FFVP) for the 2025-26 school year.

The goals of this grant program are to:

- Create healthier school environments by offering healthy choices.
- Expand the variety of fruits and vegetables children experience.
- Increase children's fruit and vegetable consumption.
- Make a difference in children's diets to impact their current and future health.

Beginning the second week of school, students will be offered a fresh fruit or vegetable to try twice weekly. FFVP snacks will be served outside your child's regularly scheduled lunch time.

A new FFVP menu will be available online on the Crockett County School Nutrition website each month. Classrooms will be provided with supplemental nutrition education materials to increase students' knowledge of the health benefits of eating fresh fruits and vegetables. The FFVP is an excellent way to supplement other wellness programs in our schools that promote health, nutrition, and physical activity.

You can support your students' efforts to increase their fruit and vegetable consumption in many ways. For example:

- Take your student grocery shopping. Let your student select a new fruit or veggie to try.
- Give your student options! Let your student choose which veggie to serve at dinner.
- Keep fruits and vegetables where your student can see them, such as on the counter.
- Take your student to a local farmers' market and discover fruits and vegetables in season.
- Be a role model! Let your child see you regularly eating fruits and veggies.

If you have any questions, please contact the district school nutrition office at 731-696-2116 or www.crockettcavs.net. Additional resource information is available at USDA Food and Nutrition Service U.S. Department of Agriculture, <http://www.fns.usda.gov/ffvp>

Sincerely,



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