

FDLRS Parent & Family Services

September 2025 Newsletter

FDLRS Parent & Family Services Levels Up!

Welcome to our first newsletter!

Dear Parents and Families,

Welcome to the first edition of our Parent and Families newsletter!

We are committed to ensuring every child has the support they need to succeed, and that includes empowering you, our families, as key partners in their education. To that end, we want to highlight a valuable resource available to our school community: the support of the FDLRS Parent and Family Services specialist.

FDLRS, or the Florida Diagnostic and Learning Resources System, is a statewide network that provides support for exceptional student education programs. We offer caring guidance, relevant information, and practical learning opportunities to help you confidently navigate your child's educational journey, from early years through graduation.

In this newsletter, we will dive deeper into the specific ways we can assist you, including information on workshop opportunities, how to strengthen the home-school relationship, and connecting with available resources. We are confident that this partnership will build strong, supportive relationships that help every child thrive.



September Parent University Topic and Dates



Understanding ESE

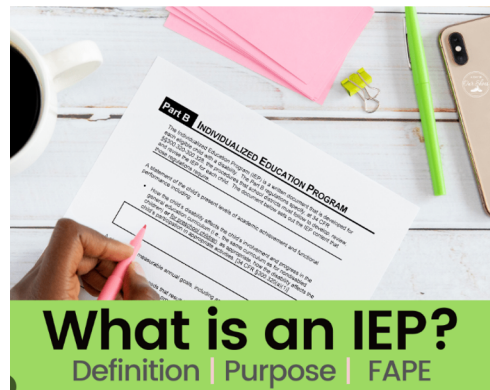
Join us for a supportive virtual workshop designed to help parents navigate the world of Exceptional Student Education (ESE). We will simplify the process, from initial evaluation to IEP development, and provide you with practical tools to advocate for your child's unique needs. This workshop is a space to ask questions, build confidence, and connect with other parents.

Dates:

September 10, 2025 7-8pm (English)

September 15, 2025 7-8pm (Spanish)

To register: <https://www.fdlrsalpha.org/parents-families/parent-university>



What is an IEP?

Part 2 of our Understanding ESE series: What is an IEP? Join us for a virtual workshop that breaks down the key components of the Individualized Education Plan. This workshop will help you to feel more confident in understanding and navigating the process of attending meetings and feeling prepared.

Dates:

September 24, 2025 7-8 pm English

September 30, 2025 7-8 pm Spanish

To register: <https://www.fdlrsalpha.org/parents-families/parent-university>

Event Information

Transition Resource Fair (Students ages 12-22)

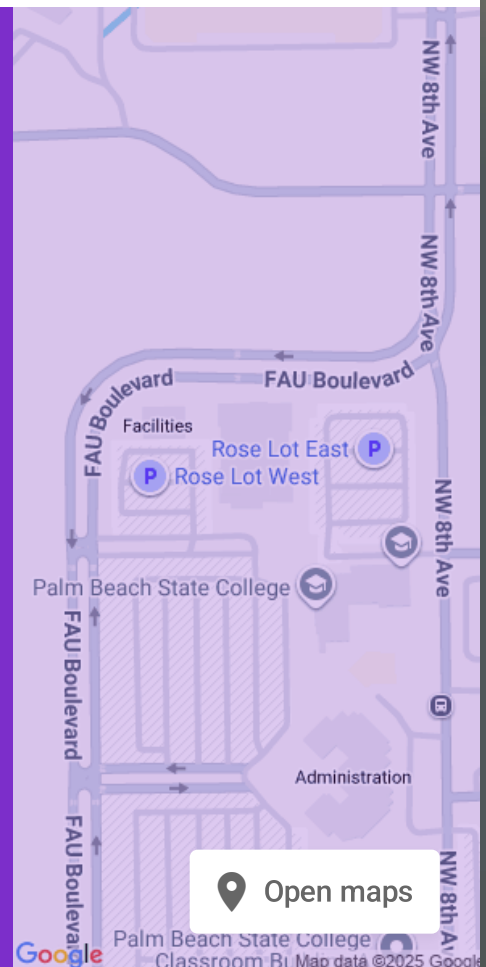
This event is presented by the Council for In Transition Youth (CITY) in partnership with Palm Beach State College. This important event provides students and families with the opportunity to connect directly with local agencies, community organizations, representatives from the School District of Palm Beach County, and various programs offered by Palm Beach State College. The primary goal of the Transition Resource Fair is to empower students with disabilities and their families as they plan for life after high school- whether that includes further education, employment, or independent living.

When?

Tuesday, Sep 16, 2025, 04:00 PM

Where?

Palm Beach State College, FAU Boulevard, Boca Raton, FL, USA



Event Information

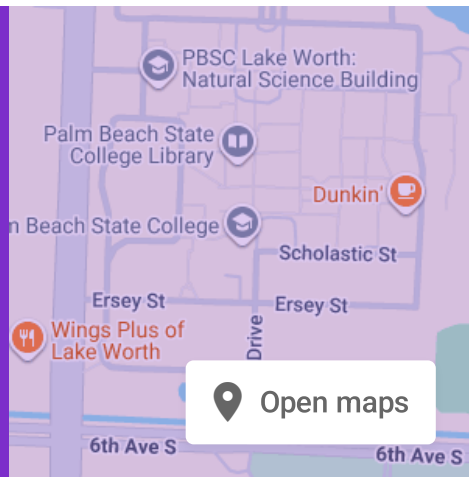
Transition Resource Fair Lake Worth Campus Event (For Students 12-22)

When?

Thursday, Sep 25, 2025, 04:00 PM

Where?

Palm Beach State College, South Congress Avenue, Lake Worth Beach, FL, USA



Start of the Year Quick Tips: Effective Communication with your School

As the year begins, and you are transitioning into a brand new year with a new teacher and new expectations, we wanted to offer some quick tips on building effective communication with your school.



1. **Set the Tone:** Be Proactive, Not Reactive: Don't wait for a problem to arise. Send a brief introductory email at the start of the year, attend back-to-school events, and respond to positive updates as well as concerns
2. **Assume Positive Intent:** Start from the belief that teachers and administrators are professionals who care about your child's success. This frames your communication as collaboration.
3. **Choose the Right Channel:** Understand the preferred method of communication for different purposes. Is it an email for general questions? A phone call for urgent matters? A scheduled meeting for complex issues? Speak to your child's teacher to work through the best way to communicate with them.
4. **Be a Prepared Partner:** Before reaching out, gather any relevant information. If it's about an assignment, have the assignment sheet handy. If it's about a social issue, note down what your child said, when it happened, and who was involved.
5. **Know who to contact:** Every organization has a chain of command. Always start with the teacher; if you are not having a successful outcome, then reach out to the ESE Coordinator at your child's school. If the problem is not resolved at that level, the Assistant Principal and Principal should then be contacted. If the school has proven to be unsupportive or unhelpful, you have resources at the District level, such as the Parent and Family Services Specialist.

Resiliency Florida

Florida is leading a first-in-the-nation approach that empowers students to persevere and overcome life's inevitable challenges. The Florida Department of Education developed state education standards and resources for Parents!

FDLRS is funded by the Florida Department of Education, Division of Public Schools, through federal assistance under the Individuals with Disabilities Education Act Part B and State General Revenue funds. Section 1006.03, Florida Statutes (F.S.) - Diagnostic and Learning Resource Centers



Veronica Torres-Romero

Veronica is using Smore to create beautiful newsletters

Contact

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