

PARTY PUMPKIN

Meet Your Nutritious Friend:
Party Pumpkin

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | 1 Maple Pancakes with Sausage Patties Turkey & Cheese Wrap FEATURED VEGGIES Hash Brown Potato | 2 Cheese Pizza Bagel Meal FEATURED VEGGIES Steamed Corn | 3 Cheese Burger Ham & Cheese Sandwich FEATURED VEGGIES Celery & Carrot Sticks |
| 6 Chicken Nuggets with Buttered Noodles Italian Hoagie FEATURED VEGGIES Glazed Carrots | 7 Homemade Mac & Cheese Chicken Caesar Salad FEATURED VEGGIES Green Beans | 8 Egg McMuffin w/ Ham Turkey & Cheese Wrap FEATURED VEGGIES Hash Browns | 9 Cheese Pizza Bagel Meal FEATURED VEGGIES Chickpea Salad | 10 Turkey & Cheese Melt Ham & Cheese Sandwich FEATURED VEGGIES Mixed Veggies |
| 13 Pizza Burger Italian Hoagie FEATURED VEGGIES Sweet Peas | 14 Chicken & Cheese Quesadilla Chicken Caesar Salad FEATURED VEGGIES Rice & Beans | 15 Breakfast Bowl w/ Egg, Cheese & Sausage Turkey & Cheese Wrap FEATURED VEGGIES Potato Wedges | 16 Cheese Pizza Bagel Meal FEATURED VEGGIES Side Caesar Salad | 17 Chicken Cheese Steak Ham & Cheese Sandwich FEATURED VEGGIES Glazed Carrots |
| 20 Hot Turkey Sandwich Italian Hoagie FEATURED VEGGIES Mixed Veggies | 21 All Beef Nacho Grande Chicken Caesar Salad FEATURED VEGGIES Refried Beans Lettuce & Tomato | 22 State Faire Corn Dog Turkey & Cheese Wrap FEATURED VEGGIES Baked Beans | 23 Cheese Pizza Bagel Meal FEATURED VEGGIES Side Garden Salad | 24 Cheese Burger Ham & Cheese Sandwich FEATURED VEGGIES Baked Beans |
| 27 Pepperoni & Cheese Pizza Bagel Italian Hoagie FEATURED VEGGIES Green Beans | 28 Chicken Fajitas Chicken Caesar Salad FEATURED VEGGIES Mexicali Corn | 29 Dutch Waffles w/ a side of Bacon Turkey & Cheese Wrap FEATURED VEGGIES Tater Tots | 30 Cheese Pizza Bagel Meal FEATURED VEGGIES Steamed Broccoli | 31 Spooky Chicken Nuggets w/ a Biscuit Ham & Cheese Sandwich FEATURED VEGGIES Roasted Broccoli |

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

Daily Alternates

Chicken Nuggets w/ Goldfish
Uncrustables

Your Team

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Meal Prices

Student Lunch \$3.30
Reduced Lunch \$0.00

