



PARTY PUMPKIN

Meet Your Nutritious Friend:
Party Pumpkin

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Maple Pancakes with Sausage Patties Turkey & Cheese Wrap FEATURED VEGGIES Hash Brown Potato	2 Cheese Pizza Bagel Meal FEATURED VEGGIES Steamed Corn	3 Double Cheese Burger Ham & Cheese Sandwich FEATURED VEGGIES Celery & Carrot Sticks
6 Chicken Nuggets with Buttered Noodles Italian Hoagie FEATURED VEGGIES Glazed Carrots	7 Homemade Mac & Cheese Chicken Caesar Salad FEATURED VEGGIES Green Beans	8 Egg McMuffin w/ Ham Turkey & Cheese Wrap FEATURED VEGGIES Hash Browns	9 Cheese Pizza Bagel Meal FEATURED VEGGIES Chickpea Salad	10 Turkey & Cheese Melt Ham & Cheese Sandwich FEATURED VEGGIES Mixed Veggies
13 Pizza Burger Italian Hoagie FEATURED VEGGIES Sweet Peas	14 Chicken & Cheese Quesadilla Chicken Caesar Salad FEATURED VEGGIES Rice & Beans	15 Breakfast Bowl w/ Egg, Cheese & Sausage Turkey & Cheese Wrap FEATURED VEGGIES Potato Wedges	16 Cheese Pizza Bagel Meal FEATURED VEGGIES Side Caesar Salad	17 Chicken Cheese Steak Ham & Cheese Sandwich FEATURED VEGGIES Glazed Carrots
20 Hot Turkey Sandwich Italian Hoagie FEATURED VEGGIES Mixed Veggies	21 Beef or Chicken Soft Tacos Chicken Caesar Salad FEATURED VEGGIES Refried Beans Lettuce & Tomato	22 State Faire Corn Dog Turkey & Cheese Wrap FEATURED VEGGIES Baked Beans	23 Cheese Pizza Bagel Meal FEATURED VEGGIES Side Garden Salad	24 BBQ Baked Chicken Ham & Cheese Sandwich FEATURED VEGGIES Baked Beans
27 Pepperoni & Cheese Pizza Bagel Italian Hoagie FEATURED VEGGIES Green Beans	28 Chicken Fajitas w/ Peppers & Onions Chicken Caesar Salad FEATURED VEGGIES Mexicali Corn	29 Dutch Waffles w/ a side of Bacon Turkey & Cheese Wrap FEATURED VEGGIES Tater Tots	30 Cheese Pizza Bagel Meal FEATURED VEGGIES Steamed Broccoli	31 Spooky Chicken Nuggets w/ a Biscuit Ham & Cheese Sandwich FEATURED VEGGIES Roasted Broccoli

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

Daily Alternates

Chicken
Nuggets w/
Goldfish
Uncrustables

Your Team

Richele Boyce, Food Service Director
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Meal Prices

Student Lunch \$3.30
Reduced Lunch \$0.00



NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz