Agenda of Regular Meeting

School Health Advisory Council (SHAC)

Pearland Independent School District

A Regular Meeting of the Pearland Independent School District School Health Advisory Council (SHAC) was held on **Monday, September 22, 2025**, beginning at 4:00 p.m.

1. **Welcome & Introductions**

   Dr. Nixon called the meeting to order at 4:00 p.m. and welcomed all members. Each member introduced themselves and shared their role in the district or community. Dr. Nixon emphasized the importance of the SHAC's work in supporting the health and wellness of Pearland ISD students.

2. **Overview of SHAC**

   An overview of the SHAC's purpose, structure, and responsibilities was provided. Members were reminded that the SHAC serves in an advisory capacity to the Board of Trustees on matters related to health education, physical education, nutrition, and general student wellness. Discussion highlighted the importance of aligning SHAC initiatives with district goals and state requirements.

3. **Review Legislative Updates that Impact Public Education**

   Dr. Nixon presented recent legislative updates relevant to public education and student health. Key topics included:

   - HB 6 – Student Discipline
     - Changes e-cigarette possession and use – if first time offense, can be ISS for 10 school days
   - HB 2 – School Finance
     - Increased public school funding (Special Education, Early Childhood, Educator Compensation, School Safety)
   - HB 1481 – Cell Phones
     - Prohibits use of cell phones while on school property during the school day
   - SB 12 – Parent Rights
     - Districts are required to notify parents regarding any change in services or monitoring of a student's mental, emotional, or physical health
   - SB 991 – Chronic Absenteeism
     - Adds chronically absent student (absent from school for more than 10% of the school days) to the list of students "at risk" of dropping out of school.

   Members discussed how these changes may influence Pearland ISD's current practices and the role SHAC may play in advising on implementation.

During this discussion, the members asked about ways students could communicate with parents during the school day. PLEASE NOTE – Dr. Nixon shared during the meeting that students could communicate with parents by email from their district owned device during the school day. However, this is incorrect information. Currently students are NOT able to communicate by email with individuals outside the district. If a student's parent is a Pearland ISD employee, the student can email the parent using the parent's Pearland ISD email address.

4. **Nomination of SHAC Parent Co-Chairperson for 2025 – 2026**

   The Council opened nominations for the position of SHAC Parent Co-Chairperson for the 2025–2026 school year. Dr. Nixon discussed the responsibilities of the role, including facilitating meetings, helping set agendas, and serving as a liaison between SHAC and district leadership. Ms. Traci Chiappetta was nominated and agreed to serve as the SHAC Parent Co-Chairperson for the year.

5. **Discussion of Future Topics**

   Members brainstormed areas of focus for upcoming meetings. Suggestions included:

   - Strategies for promoting student mental health and well-being.
   - Updates to the district's nutrition and physical activity policies.
   - Opportunities for parent and community involvement in wellness initiatives.
   - Consideration of health-related professional development opportunities for staff.

   Members also provided feedback and recommendations by completing the SHAC Member Feedback Questionnaire for Future Meetings. Dr. Nixon will summarize responses and provide recommendations for the next meeting.

6. **Next Meeting – Monday, November 10, 2025**