



Find a Doctor: Locate a doctor/hospital/facility in your network

Select a PCP: Choose a Primary Care Physician

Cost & Quality: Compare cost and quality for providers based on procedure

Eligibility & Benefits: View people covered by your plan, benefits and eligibility, demographic information for you and your dependent(s), and benefit plan documents

Claims: View paid claims for yourself and any underage dependents and view/print Explanations of Benefits (EOBs)

Health Resources: Review additional health offerings, access procedure pricing, health tools, physician information, and other health information resources

ID Card: Order an ID card for yourself or your dependent(s)

Forms: Access Medical and Vision Claim forms, Release of Information, Authorized Representative, etc.

Electronic EOBs: Enroll in paperless statements*

News & Updates: Learn what's new

Contact Us: Access contact information

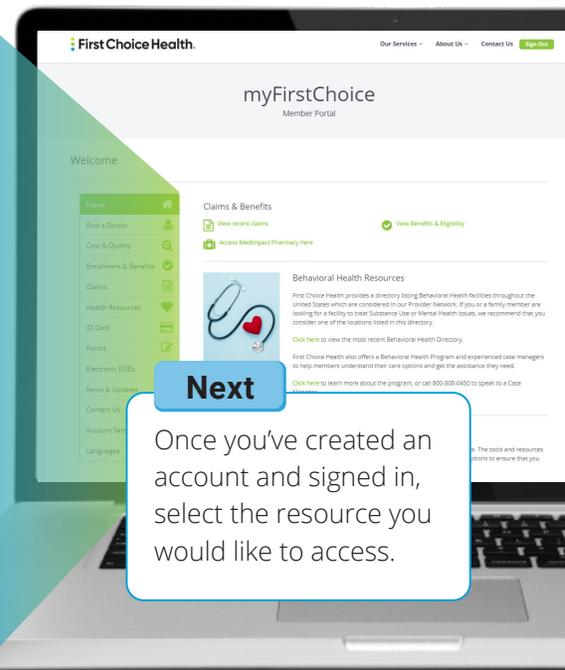
Account Settings: Reset your password, update your email, etc.

**Please Note: Dependents that are 18 and older need to enroll in paperless statements separately*

First

Go to www.fchn.com and click the green **Sign In** button at the top right corner to create an account. (Check your ID card for your member ID number - you'll need it to create an account.)

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Next

Once you've created an account and signed in, select the resource you would like to access.



Contact a Customer Care Representative at the **phone number located on your ID Card** Monday through Friday, 8am to 5pm PST.