



Brooklyn Center Community Schools Wellness Committee Meeting Agenda 9.18.25

Please see page two for notes about program and content updates.

- Names and position with pronouns option: Mary E (staff), Madeline A-S (staff), Renee S (staff), Toni E (staff), Mykella K (community member), Christina J (community partner), Jackie B (community partner), Shel A (staff)
 - Shared space personal information agreement
 - [Land acknowledgement](#) practice; Collective mindful moment: grounding in elements
- Grant Projects
 - Action For Healthy Kids Healthy Meals Incentives grant: It's a wrap! Final budget report and reimbursement request to be submitted in October by Sara; Shel is working on the final project report to be submitted in Oct.
 - MnDOT SRTS Coordinator grant (Mary)
 - i. Fall 2025 plans:
 1. Oct 8 Walk to School Day at BCE, 7:20 - 7:45 and Oct 10 at BCS (tentatively a Bus Drop and Walk event; more info will be shared later)
 - a. We are looking for volunteers for both events! [Fill out this form](#) to help us plan this year's celebration
 2. Free Bikes For Kids partnership event happening in mid Dec
 3. Planning for possible Ruby Bridges Walk to School Day event in Nov.
 4. Walk, Bike, Fun curriculum training happening on the first Fridays Dec, Jan, Feb and Apr, 10:15 - 12:00, including a bike maintenance training session
 - ii. Programming strategic planning
 - SHIP (Jackie)
 - i. SY2425 funding: It's a wrap!
 1. Final project was the trauma training video series, which now available for all BCCS employees to view on Vector
 - ii. SY2526 funding
 1. Student wellness plan: physical activity and outdoors access project with Playworks at BCE
 2. Staff wellness funding in conversation, to be determined later in the fall
 3. Other plans: possible staff PD resources for outdoor access and physical activity; attending the BCCS employee wellbeing benefits fair, along with the Henn Co navigator and Toward Zero Deaths coordinator
 - Medica (Shel)
 - i. Appointment-based wellness services: see the start of SY25-26 data on page two
 - ii. 25-26 Employee Wellbeing Benefits Event plans: blood drive opportunity; covid and flu vaccinations; chair massages; food; interactive activities; and much more
 - MDE/CDC: Youth voice wellness project & Student Wellness Fair (Renee)
 - i. Wednesday, Oct 15: Break out sessions with partner facilitators in the morning (middle school and high school specific) and wellness-related enrichment activities in the afternoon
 - ii. Volunteers needed and partners welcome to attend: email rstarr@bccs286.org or mauld@bccs286.org for more information
 - Fresh Fruits and Vegetables Program USDA grant and Full Tray MDE grant (Shel)
 - i. Interim Nutrition Services Manager, Angie, has begun implementing both grants for the school year and has the cycling menus prepared through December, 2025

1. Both increase student access to vegetables and fruit, in the lunch services (Full tray, all sites), and for BCE snacks (FFVP)
 2. Shel is supporting the FFVP implementation with monthly nutrition ed activities and resources for all BCE classroom teachers, expected to be utilized with the snack program a minimum of one time per month
 - a. The MDA Harvest of the Month curriculum resources will also be provided
- Grow BCCS / outdoor spaces (Renee)
 - i. Green Partner grant received, funding middle and high school enrichment classes for nutrition and environmental justice
 - ii. Nature exploration space at BCE is completed and ready for classroom use, through sign up with Carolyn
 - iii. TFPL video project with the MN Science Museum: video to be on display at the Science Museum by December
 - iv. Micro forest planting with the community on 10/11 at BCE before the Centaur Block Party at BCS
 1. Classes will have access to the planting opportunity in Nov.
 - District Collaboration and Programming
 - Health Services/ Health Resource Center (Madeline)
 - i. HRC is down to one person currently (Madeline); grants applications are submitted for additional staffing funding
 - ii. Vaccination clinics during Back to School Open Houses completed 56 vax completed
 - iii. Health screenings in process
 - iv. Debbie and Madeline splitting the BCE and BCS HRC clinics open hours
 - v. Christina announced the last BC neighborhood meeting at Evergreen Park on 9/25: All BCCS staff are welcome to attend at community members too
 - Wellness program strategic plan review and update (Shel)
 - i. PD training schedules and topics
 1. Community Schools OST / 21st Century team have PD requirements which align with the BCCS Wellbeing training content; Renee and Shel will collaborate on the scheduling and the content decisions (Self care / collective care: Building a Community of Care workshop, possibly)
 - Closing: **Next meeting: Thursday, November 20 TIME: 8:30 a.m.**, virtual (Zoom link: <https://us02web.zoom.us/j/83425660857>)

Other Program Updates and Notes:

- 106 appointments, July 1 - September 14; Seven new staff since August; with staff turnover throughout the summer, there are currently 45 unique staff on the appointments list, with only three who have not yet scheduled more than one session
- Coordinating a continuation of the trauma training series for SY2526, for four more 45-minute sessions
 - Completed the recording for the required online trauma training videos for all staff to review at the beginning of each school year
- Collaborating on SY2526 PD training schedules and plans, both for the ongoing trauma training series (four sessions) and various wellbeing topics, selected specifically for the intended audience: RP team is scheduled for Dec, Jan, Feb and Apr; ECA/ISMN is scheduled for Oct, Dec, Jan, Feb and Apr for the trauma trainings as well as four additional topics; BCE all staff and specifically hourly staff, are scheduled for the entire school year for the trauma trainings as well as four additional topics; DO staff are scheduled for the trauma training series; new hire

cohorts are scheduled for Nov and Feb; and clerical staff are scheduled for Feb. Working with BCS admin and the Ops Dept to get the four trauma training sessions scheduled for those staff groups.

- Scheduling 25-26 wellness goals meetings with each site and program to plan for staff, student or community focal points; to date BCE, BCS, DO and ECA/ISMN are completed (meeting with EL and CE is scheduled; waiting for Ops Dept meeting).
- Back to school PD: Created adaptations of the “Trust, Communication and Healing Through Coherence and Collaboration” PD training from the Leads team presentation in July and presented the variations to three different staff groups during workshop week; also presented the wellbeing program overview PD to four staff groups during workshop week; presented the wellbeing program overview at the last new hire orientation
- Back to school communications: Nine unique employee wellbeing program promotional fliers posted throughout the three physical school buildings in 35 locations; All wellbeing program and wellness policy informational fliers updated and distributed for school open house events
 - Continuing to update the wellbeing pages on the district website and staff intranet each month
 - Adding content to the EverAlert screens in the district buildings each month
- Policy implementation: food in buildings and nutrition services systems conversations with district and site administrators; developing a plan for staff communications
- Multiple grants and management tasks over the past two months:
 - FFVP and Full Tray grants implementation support with Nutrition Services
 - MnDOT SRTS year-end reporting and year two planning
 - CDC / MDE Youth Voice Wellness project: supporting planning and implementation for the Oct 15 student wellness fair during the school day